



Part-time

## MSc Leading and Managing Physical Education and Youth Sport

Managing the rapid change in physical education, and the relationship between physical education and external providers of sport and physical activity, is crucial for successfully implementing government sports, health and community strategies.

Physical education and youth sport requires highly qualified and skilled professionals. This course prepares you to deliver better youth sports provision and implement positive change for those involved.

We focus on integrating theoretical understanding, reflective practice and professional skills to solve the contemporary problems that face professions working with young people.

### Who is the course for?

This course is designed for professionals working with young people in physical education and sport settings.

It's ideal if you want to develop your theoretical, academic and practical skills to lead and manage changes in

- physical education
- broader sports provision outside of curriculum time
- the link between educational and sports industry provision

The course is suitable if you have good communication skills, leadership qualities and work in areas such as

- school sports
- school sport partnerships
- local authorities
- county sports
- national governing bodies
- coaching.

### How will you benefit?

The course helps you become a self-motivated manager in a physical education or sport setting working with young people.

It allows you to implement positive changes in your workplace, enabling more integrated and effective provision. It also enhances the interpersonal skills you need to work with individuals and groups in a professional setting.

As the course is for working professionals, we deliver it as flexibly as possible. You learn through a combination of weekly evening sessions, full days, block sessions and distance learning using electronic resources.

You have access to new sport facilities and teaching and coaching analysis resources on campus. You can also access world class sport facilities in the city, such as the English Institute of Sport and Ponds Forge International Sports Centre.

### Find out more

Sports Admissions Office  
Faculty of Health and Wellbeing  
Collegiate Crescent Campus  
Sheffield S1 1WB

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**www.shu.ac.uk/courses/956**

This information can be made available in other formats. Please contact us for details.

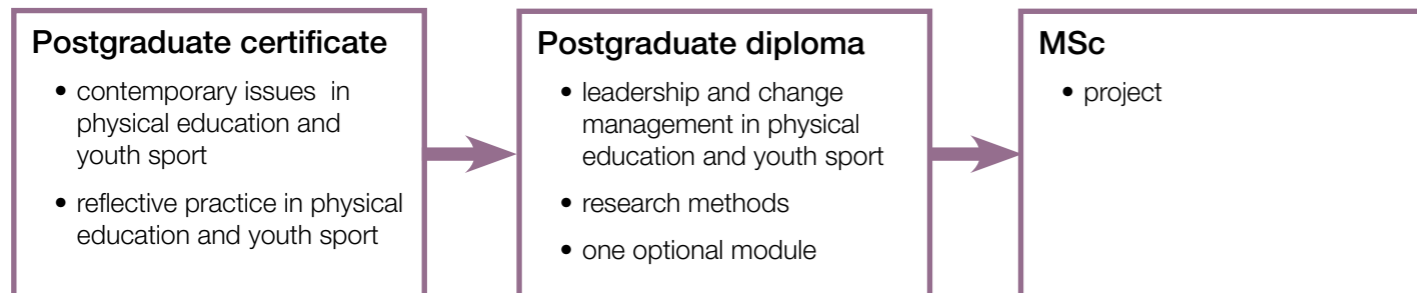
## Achieve your potential

Potential progression or career routes include

- physical education teachers (subject to teaching qualifications)
- head of PE department (subject to teaching qualifications)
- director of school sport
- sport development manager (local authority)
- county sport partnership manager
- development manager (national governing body of sport)
- partnership development manager
- community development manager
- sport consultant

Other career opportunities include • private sector sport and leisure providers • coaching development • postgraduate research • PhD Study.

## Course content



## Optional modules

- strategic policy and practice
- professional applications (independent study)

## Core modules

### Contemporary issues in physical education and youth sport

During this module you explore existing and emerging critical issues and responses in physical education and youth sport. Topics include • investigating sociological theories • the nature and purpose of physical education and youth sport • the political, social and economic contexts which shape delivery • the interface between sport and physical education within a professional environment • debating the issue of community, social exclusion and the role of physical education and youth sport in developing an inclusive society • the role of health and physical activity within physical education and youth sport.

### Reflective practice in physical education and youth sport

This module explores the key issues in personal and professional development, within PE, youth sport and the wider society. Topics include • theories underpinning reflective practice in personal and work-based settings • learning styles • professional skills, advanced presentation skills, effective meetings, leading projects, leading teams, diversity awareness, motivation, time management and delegation, stress management • life coaching and the impact on professional effectiveness • personal and professional action planning and process evaluation.

### Leadership and change management in physical education and youth sport

The underlying theme for this module is leadership, organisational analysis and change in a physical education and youth sport context. Topics include • the evolution of leadership styles • leadership and emotional intelligence • leadership performance and perceptions • leading change • organisational development • organisational change • creating climates for change • cultural attributes of change • key factors in effective change management • learning organisations and change.

### Research methods

During this module you • examine philosophical perspectives in research • explore theoretical and methodological approaches in research • apply research approaches using practical engagement • develop and apply appropriate analyses protocols • present empirical analyses and findings for critical reflection about the research process • research and consolidate related literature to underpin knowledge around a particular topic.

### Project

This module enables you to undertake an extended individual investigation into a topic of your choice, demonstrating your ability to learn independently. You apply relevant methods of enquiry and critically reflect and make judgements on theory, policy and practice.



### Start date

September

### Attendance

Part-time – typically two years. Attendance varies and you may need to attend some evening, weekend and study week sessions.

You will be required to be in the University for four weekends a year plus distance learning.

### Fees

For up to date fee information please visit [www.shu.ac.uk/courses/956](http://www.shu.ac.uk/courses/956)

Applicants with qualified teachers status (QTS) will be able to access TDA funding for this course.

### Assessment

Includes • essay • timed examinations and assessments • oral presentations • project reports • work-based learning and consultancy reports • development of research proposals • dissertation

### Entry requirements

You need work experience in a physical education and youth sport setting, plus one of the following

- a 2.1 honours degree in a relevant sport, education or management discipline with appropriate content
- a lesser qualification in sport/physical education, with appropriate and relevant practical experience
- APEL/APCL for prior experience or level 7 credits will be counted towards this course on application.