



## Skills in Focus - Reflection task

Skills in Focus is designed to be a 'light touch', flexible resource giving pupils time to learn and reflect on the importance of soft-skills in school and beyond. Each week will have a different focus:

Week 1 - Confidence

Week 2 - Resilience

Week 3 - Self-Management

Week 4 - Critical thinking

Week 5 - Citizenship

You can direct your pupils to follow our Instagram or Facebook pages for new resources and information every day.

## Example activity

Ask pupils:

## How have you demonstrated this week's skill?

This could be done as a discussion in form time for example, or even involve pupils writing a couple of sentences, or perhaps being creative and expressing themselves through other means, such as illustrations or a short vlog - whichever form of reflection suits your pupils best.

We would love to receive feedback and/or examples of your pupils reflections, either on social media or to wpoteam@shu.ac.uk



