

SOCIAL SPORT TIMETABLE

20 January - 5 April 2020

Our Social Sport programme gives you the chance to take part in a huge range of sports in a relaxed environment. Get active and have fun by playing your favourite sport or trying something new.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WHEELCHAIR BASKETBALL 17.00 - 18.00 SPORTS HALL	YOGA² 12.15 - 13.15 HUBS	STAFF BADMINTON 13.00 - 14.00 SPORTS HALL	STAFF BADMINTON 13.00 - 14.00 SPORTS HALL	BADMINTON 17.00 - 18.00 SPORTS HALL	PARK RUN^{2&3} 9.00 ENDCLIFFE PARK	BADMINTON 13.00 - 14.00 SPORTS HALL
TABLE TENNIS 17.00 - 18.00 GYMNASIUM	TOUCH RUGBY 16.00 - 17.00 ASTRO	FUTSAL 15.30 - 16.30 SPORTS HALL	FEMALE MULTISPORTS 15.00 - 16.00 SPORTS HALL	KORFBALL 18.00 - 19.00 SPORTS HALL	BADMINTON 13.00 - 14.00 SPORTS HALL	BASKETBALL 14.00 - 15.00 SPORTS HALL
JUST PLAY FOOTBALL 18.00 - 19.00 SPORTS HALL	LACROSSE 17.00 - 18.00 ASTRO	MMA 17.00 - 18.00 GYMNASIUM	DODGEBALL 16.00 - 17.00 SPORTS HALL	BADMINTON 18.00 - 19.00 SPORTS HALL	BASKETBALL 14.00 - 15.00 SPORTS HALL	JUST PLAY FOOTBALL 14.00 - 15.00 ASTRO
BADMINTON 19.00 - 20.00 SPORTS HALL	BADMINTON 17.00 - 18.00 SPORTS HALL	ZUMBA² 17.15 - 18.00 HOC. 0. 29	BADMINTON 17.00 - 18.00 SPORTS HALL		JUST PLAY FOOTBALL 14.00 - 15.00 ASTRO	
	AIKIDO¹ 17.00 - 18.30 DEVONSHIRE BUSINESS PARK	BADMINTON 18.00 - 19.00 SPORTS HALL	BADMINTON 18.00 - 19.00 SPORTS HALL			
	ZUMBA² 17.25 - 18.00 HUBS	JUST PLAY FOOTBALL 18.00 - 19.00 ASTRO	BASKETBALL 19.00 - 20.00 SPORTS HALL			
	NETBALL 18.00 - 19.00 SPORTS HALL	BOXING 18.00 - 19.00 GYMNASIUM	TENNIS 20.00 - 21.00 HALLAMSHIRE			
	JUST PLAY FOOTBALL 18.00 - 19.00 ASTRO	ZUMBA² 18.10 - 19.10 HOC. 0. 29				
	BADMINTON 18.30 - 19.30 SPORTS HALL	CAPOERIA 19.00 - 20.00 GYMNASIUM				
	TENNIS 20.00 - 21.00 HALLAMSHIRE	BADMINTON 19.00 - 20.00 SPORTS HALL				
	SQUASH 20.20 - 21.00 HALLAMSHIRE					



Collegiate

City

External venue

1 - All attendees must pay a fee at the venue

2 - Session is free for all attendees

3 - Visit parkrun.com/sheffieldhallam for more information

For more details or to book online please visit shu.ac.uk/socialsport

Equipment hire is included or feel free to bring your own.

Social sport sessions are free to Student Unlimited or All Inclusive members unless stated