



# SPORT HALLAM CLUB

## PERFORMANCE SUPPORT

For the 2024/25 Academic year, sports clubs will now need to apply for additional support for selected teams. This will align with a new tiered model, with each tier receiving slightly different support. Successful applications will result in teams being assigned to support Tier 1 or Tier 2. Unsuccessful applications (or no application) will result in teams being assigned to Tier 3.

Please note, a Team Hallam Ultimate membership will still be required to access any of the additional support, regardless of Tier.

Read on for more information.

### Contents

**Details on the Model**

**Information on Each Tier**

**Applications**

**Scoring criteria**



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## PERFORMANCE SUPPORT

### Details On the Model

To ensure we are providing the best quality service we can, a new Tier system for club support is being introduced.

Additional support will now be provided to those teams who are highly engaged and have a clear understanding of their expectations, rather than offering the same support to all clubs regardless of engagement.

Applications for support will be required by the club committee each academic year.

Clubs/teams who do not want additional support do not need to apply, and those who do not maintain expectations may risk losing support or be moved to a lower tier support for the remainder of the year (for another team to be moved up). This will be reviewed throughout the year.

This will result in a more comprehensive service for teams who will benefit the most, while still supporting everyone else in some capacity. Staff and Intern time will also become more efficient as a result, further improving overall service.

This support model is not exclusively for Strength & Conditioning, but a holistic collaboration between Sport Hallam services and your club, committee, and coaches to support your club development in all areas.





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### Information on Each Tier

#### **Tier 1: (Max 6 Teams)**

Comprehensive S&C support

- Up to 3 coached sessions each week
- Delivery from S&C Contracted Staff
- Full programming in collaboration with Sport coach

Extra support from other areas – Club sport, operations etc.

- Improved integration of Sport Coach into Sport Hallam
- Access to Performance workshops
- Potential for Sports Analysis
- Additional Facility Booking (Conditioning sessions)

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#### **Tier 2: (Max 10 Teams)**

Club Specific S&C support

- Up to 2 Coached sessions each week
- Designated Lead Intern coach.
- Full Programming in collaboration with Sports Coach

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#### **Tier 3: Any other club member (with THU membership)**

Basic S&C Support

- Access to Open Sessions (Gym & Conditioning) – 2-4 each week, TBC
- No designated S&C coach
- Access to S&C Suite (subject to opening hours)
- Basic Sport Programme – Prescribed via Teambuildr App





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### Applications

**Applications are now open until midnight on Thursday 12th September.**

Once applications close, Team Hallam staff will assign teams to a tier based on the scoring criteria within this document.

Please note that support will be assigned to teams, not whole clubs. This is in recognition of differing performance levels and requirements of teams within the same club. We want to support everyone in some way, however the type of support will now coincide with the needs of each team.

If at any point during the academic year a team is moved out of their tier, a “waiting list” from the tier below will be used to move another team up. This will only be done through consultation with the club committee.

We recommend the club committee work together to submit the best application possible, with consultation with club members.

If you have any questions, please contact [sport@shu.ac.uk](mailto:sport@shu.ac.uk) for your enquiry to be passed onto the appropriate team.

**Apply now via:**

The website at <https://www.shu.ac.uk/sport/performance-sport>

Direct through <https://forms.office.com/e/eOpWvjSEJt>

The QR Code Below







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### Scoring Criteria

To ensure each club has the best chances of securing support, the criteria in which we will be scoring and selecting applications is shared below. Within this will be criteria and expectation that Teams must maintain throughout the year to maintain their support and strengthen future applications.

Criteria/expectations	Details	Scored via
Memberships	Teams will be required to maintain THU memberships throughout the year*	Application & number of club members within their supported teams who have a THU membership the previous year.
S&C Attendance	Attendance to S&C will now be required by all teams receiving coached sessions. This will be tracked throughout the year and used for the following year applications.	Application & previous academic year engagement with S&C services.
Team training Attendance	Teams will have a minimum threshold of training attendance. This will be tracked throughout the year.	Application & previous academic year attendances.
Club Development Plan	Clubs should be planning to develop their club holistically, which will be taken into account. Sport Hallam would like to support clubs who show commitment to success.	Application
BUCS Tier	Sport Hallam will take into consideration a teams current performance level through their current BUCS tier (or equivalent) position, including recent movements between Tiers.	Application
Committee Support	Support will require effective committee engagement with Sport Hallam Staff.	Application
Clear club goals	Performance and non-performance sport orientated goals to be discussed and adhered to.	Application
Disciplinary issues	No formal issues.	24/25 academic year continuous review
Local Partnership/strategic alignment	Official Sport Hallam Partnership with local Clubs/organisations, or alignment with the Sport Hallam Strategic Goals.	Internal Sport Hallam Review

\*: Please contact Sport Hallam if any club members are having financial difficulty so we can attempt to support.

