

MA ART PSYCHOTHERAPY PRACTICE
Checklist to consider with the Trainee

The list has been developed in response to HCPC Standards of Proficiency for Arts Therapists, (2013) and the HCPC Standards of conduct, performance and ethics (2016)

- Attendance and conduct.
- Clear and effective communication with placement supervisor, team colleagues, service users and family/carers.
- Clear and effective written communication (letters, notes or records, formulations and summaries or reports). The course asks trainees to follow the protocols normally used in the placement setting. The Course also asks trainees to develop a collaborative form of communication alongside the client/service user. So, for example, wherever possible, reports and letters about therapeutic work are written with the client/service user.
- Understanding and employing concepts of confidentiality appropriate to the setting.
- Adapting practice to the needs of client/service user group and setting.
- Awareness of differences e.g. gender, disability, ethnicity, age, culture and class and the importance of non-discriminatory practice
- Fitness to practice: ability to work safely, legally and ethically within their scope of practice.
- The ability to use supervision visually and verbally in an open and self-aware way; including bringing client images and their own reflective images to be discussed.
- The ability to develop a reflexive practice.
- Awareness of the aims, objectives and outcomes of therapeutic work.
- A sense of their developing professional judgement.
- Working therapeutically with images considering relevant theories and philosophies.
- Considering where Art Therapy sits and fits within the service.