MA ART PSYCHOTHERAPY PRACTICE

GUIDANCE ON POSSIBLE CONTRACT ARRANGEMENTS FOR INDIVIDUAL ART THERAPY TRAINING PLACEMENT SUPERVISION

# Practicalities and meeting arrangements

We agreed that we would meet every (week/two weeks) during the period of your placement – except when either of us is on annual leave or absent.

|  |  |
| --- | --- |
| Placement name: |  |

We agreed that generally we will meet for an hour – but either one of us can re-schedule if necessary.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| From: |  | On: |  | At: |  |

## Boundaries

We agreed that your personal material might come into the supervision work, and that our focus will be on exploring issues from your client work. You understand that I may suggest that you take personal material to your personal therapy sessions.

You have understood that I have a duty to report to my line manager and the university placement co-ordinator if I am concerned about any aspect of your conduct in the client work or if I am concerned about your fitness to practice in the event of illness or stress. I will also celebrate your success with them.

I will treat everything that you share with me with professional respect and this includes any image work you make in the session or bring in to share with me.

## Working Alliance

We agreed that image work, both your own and that of your clients, offers us as Art Therapists a unique resource in attending to the work of supervision. You have understood that I may:

* invite image making during supervision sessions;
* encourage image making after working with a client;
* request that client’s images be brought into supervision as a way of gaining insight into any issues that you bring or that are emerging within the supervisory relationship.

Our working alliance will provide opportunities for education, facilitation and challenge. It is my intention that our working alliance will be supportive and can continue to change and develop in response to regular reviews.

Part of my role, as your supervisor, is to provide a placement report to the university. This placement report does require me to make observations and judgements on your competencies and fitness to practice during your placement with me. If I have any concerns about your practice during the course of the placement I will share this concern with you. I will also inform you of any course of action that I feel I need to take, e.g. arranging a three-way meeting with the placement link tutor.

## The session format

We agreed that you would take time to prepare before supervision sessions and give thought to what you want from the time we have.

## Professional context:

You understood that our work would adhere to:

* the policies and procedures laid down by \_     \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* HCPC guidelines
* BAAT code of ethics and principles of professional practice for Art Therapists.
* further relevant legislation

## Note-taking

I am aware that the training course asks you to make brief notes during supervision sessions and I might also make some notes in order for us both to track themes. We will be discussing all your client work with an awareness of issues which might be related to your choice of which clients you bring to supervision and to consider your progress over time.

The course requires you to keep a supervision journal and this, alongside reflective image-making and formal note-keeping, will enable us to look at facts, feelings, interpretations and goals.

We agree to the terms of this contract:

|  |  |  |  |
| --- | --- | --- | --- |
| Signature of Supervisor: |  | Date: |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Signature of Student: |  | Date: |  |

This document is intended to be used as an aid in discussion about the supervision the student will be receiving on placement. It is a working document which can be amended to fit the setting and situation.

**We ask that both supervisor and student retain signed copies of this contract.**