

CASE REVIEW TOOL AND GUIDANCE

Student name	
Placement B/ B1, and C	
Practice educator	
Case presentation date	

A case review is a method of verbally communicating a service user's care to colleagues, such as practice educators and other members of the team. Case reviews are often used in practice to update other team members on a service user's progress and to ensure best evidence-based practice.

During your B1, and C placements you will be required to undertake a dietetic case presentation that you have been involved in, to your colleagues. You will need to be familiar with the service user, the case and its progression.

Aim of the case presentation: Following the BDA Model and Process for Nutrition and Dietetic Practice (2020), the case presentation should develop your knowledge of health conditions, the evidence base, medication, treatment/s and role of the MDT. The case presentation also provides an opportunity to reflect on your dietetic practice.

Throughout your case presentation you should demonstrate your knowledge and understanding of the importance of a person's medical, cultural, social and economic circumstances in relation to their clinical condition/s and any dietary treatment given. It should allow you to demonstrate clinical reasoning and evidence-based practice, as part of person-centred care.

An important part of the case presentation is the dissemination of relevant information to your colleagues.

No grade or mark will be given to the case presentation. However, it may be used to demonstrate competency towards a number of placement learning outcomes for B1, and C placement including: LO1, LO2, and LO7 (as well as providing additional practice with LO4, LO5, LO8 and LO9)

Choosing your case review: You should start to look for a case review early on in your placement (ideally deciding on a case by the half-way stage as guided by your practice educator). The initial dietetic assessment may be carried out by a dietitian only or by a dietitian and yourself. If you were not involved in the first assessment, ensure that you understand the assessment undertaken and the decisions made so that you are able to justify them. Your practice educator will be able to help you decide if a particular case is suitable and guide you on which reviews to include in your case presentation if the service user has been seen a number of times.

Consent: Consent is required from the service user. When the service user is not able to give consent, this needs to be obtained from their next of kin or guardian.

Confidentiality: All identifiable information concerning the service user is confidential. Their name, organisation identifier (e.g. NHS/hospital number), address, date of birth, setting (e.g. ward or clinic), names of any members of the care team should not be stated within your case presentation. If your case presentation is discussed on return to university it is very important that this confidentiality is maintained.

Timing and length of case review: Once a case presentation has been agreed, you should agree a time period with your practice educator within which to complete. This will normally be 3 to 6 weeks. This should include an initial dietetic assessment (which may have been undertaken by a dietitian already) and 1 or 2 reviews. You should deliver your case presentation to your colleagues

as scheduled and usually before the final weeks of placement. You will be allocated 15 minutes to deliver the presentation with a further 5 minutes for questions.

Your case presentation should include relevant information, assembled in an informative and logical structure. Citations should be in the APA style and full references appear at the end of your presentation. While all case reviews should be delivered verbally, the format of the supporting information could take the form of PowerPoint slides (good practice is to use about one slide per minute of speaking time) with an option of providing an overview document (provided following), with a maximum of 4 sides of A4, including references. You may find the overview document useful when collecting information about your case prior to creating the Power Point presentation. Please let your practice educator know whether you plan to complete an overview document at the start of your case review.

You will need to demonstrate and discuss dietetic reasoning and justification of your assessment and care plan and show evidence of reflection from this learning experience.

To be completed **after** the case presentation:

Summary of student reflection on the case presentation (LO4)

Agreed action plan to improve skills and/or knowledge (completed jointly in discussion with the practice educator)

Practice educators to complete the table below. Please indicate which learning outcomes were competently demonstrated in this case review and discussion and should therefore be used for summative evidence.

Learning outcome for placement B1 or C	LO1 Knowledge	LO2 Assessment	LO7 Care planning
Student demonstrates competent practice for placement learning outcomes (tick all that apply)			

Signature of student dietitian:

Date/week of placement:

Signature of practice educator: Date:

Overview document and example structure for your case presentation that can be used to collect & organise information about your case.

Introduction of service user (LO9)

Provide brief overview of the case

E.g. A 57 year old south asian gentleman man was referred to the dietetic service for oral nutritional support because he had a poor appetite. He subsequently had a stroke and was nil by mouth and required NGT feeding.

Identification of need for dietetic intervention

Consider:

- Stated date and reason for referral
- How nutritional need was identified e.g. nutritional screening/diagnostic test/self-reported symptoms
- Presenting medical condition(s), medical history and planned medical interventions

Assessment (LO1, LO2)

Service user focussed:

- Anthropometry
- Biochemistry
- Clinical – include medical diagnosis, past medical history, current medical intervention and medication (as appropriate)
- Dietary intake and estimated nutritional requirements
- Environmental, behavioural and social factors
- Service user focussed

Identification of nutrition and dietetic problem or diagnosis (LO1, LO2)

- Nutritional problem/diagnosis
- Aetiology (factors that have contributed to development of the nutritional problem)
- As evidenced by (signs and symptoms)

Plan and intervention (LO1, LO2, LO7, LO8)

- Include a nutritional aim
- Formulate a dietetic care plan
- Ensure that advice and goals agreed are SMART
- Supporting information provided (and to whom)
- Expected outcomes and timescales

Monitoring and review (LO1, LO2, LO5, LO7)

- Discuss actual versus expected outcomes
- Summarise relevant changes to the plan (actions/goals and timescales), based on relevant review information to justify your decisions)

Evaluation (LO1, LO4, LO7)

- Include a critical analysis and reflection of the care process, i.e. assessment, plan, intervention and monitoring. Include what went well, barriers and limitations
- Evaluate outcomes and person-related outcome measures (PROMS)
- Discuss the literature in this area and use it to justify/challenge your own practice
- Consider any future action, personal learning points and learning for wider practice, including evidence gaps