



Faculty of Health and Wellbeing

BSc in Midwifery (2019)

Clinical Skills Inventory

Student Name.....

Please note: The full completion of this document, by the end of the course, is essential to underpin the requirements for midwifery registration. This document is the property of Sheffield Hallam University. If found please return to: Robert Winston Building, Broomhall Road, Sheffield Hallam University, Sheffield S10 2DR

The skills inventory aims to direct your learning in relation to your clinical skills development, which is an essential part of midwifery practice. It has been designed to assist you to collect and record evidence to claim achievement of the performance outcomes in the assessment of practice documentation. This will assist your development towards becoming a safe and competent practitioner. It is envisaged that the clinical skills inventory will mostly be completed during the first year of the course but it may take longer depending on the opportunities you may have. It may be that near the end of your 3rd year some clinical skills are not achieved and are unlikely to be e.g. giving an enema. In such cases discuss this with your mentor and use simulation to ensure your understanding of the episode of care.

As well as demonstrating the acquisition of technical skills it is important that you understand their rationale. Space, therefore, is given to record a brief rationale for each skill.

The framework that has been used to direct the development of your clinical skills is one based upon “the activities of living” model of nursing (Roper, Logan and Tierney, 1999) because the identified categories are ones that collectively contribute to the complex process of living.

The Activities of Living model

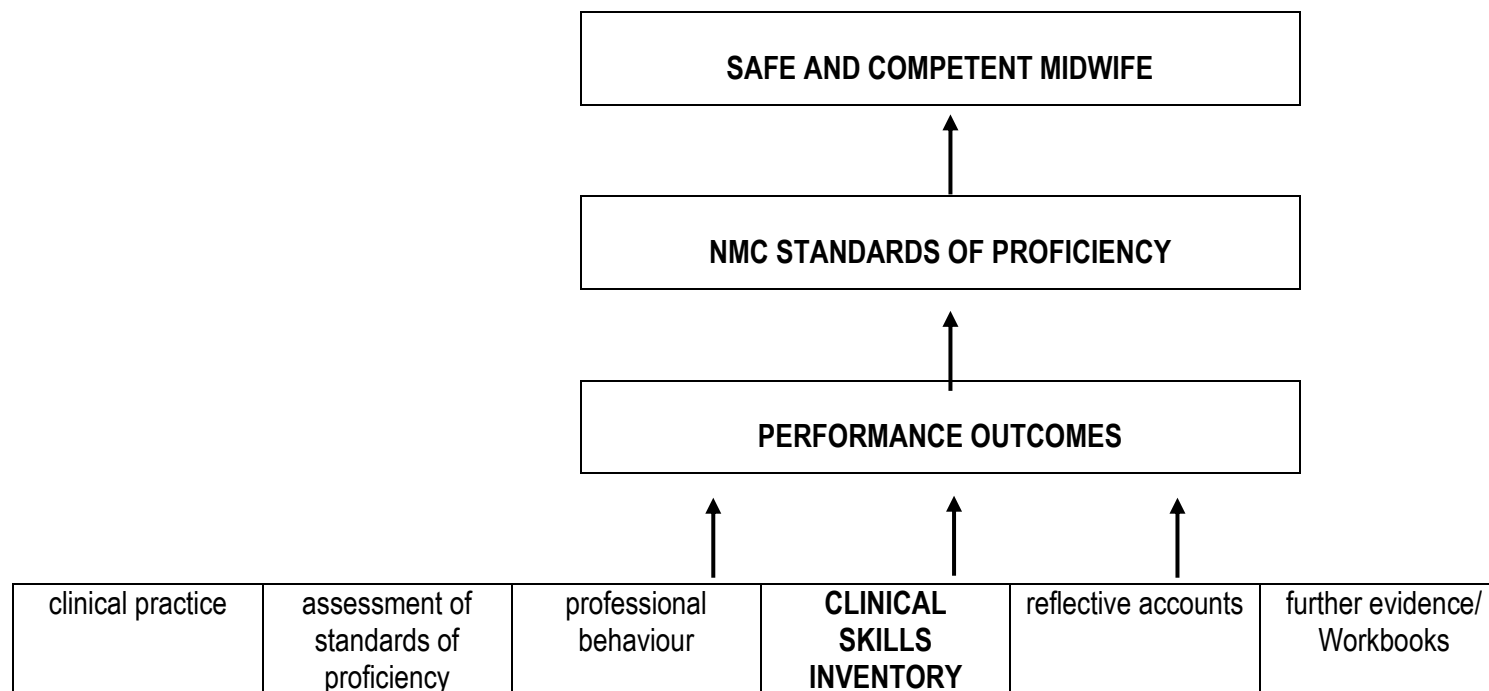
- Breathing
- Mobilising
- Personal cleansing and dressing
- Maintaining a safe environment
- Eating and drinking
- Eliminating
- Controlling body temperature
- Expressing sexuality
- Working and playing
- Sleep and rest
- Communicating
- Dying

Although midwives do not explicitly use this model to plan the care of a woman and her baby, it is useful to guide your development in the acquisition of skills, which contribute to the overall processes of assessing and planning care, and care activities. The activities contained within this document contribute to the achievement of some of the performance outcomes within the assessment of practice documentation (see diagram below). To assist you in identifying which may be relevant, a cross reference to the competency is provided in the final column.

Reference:

Roper N, Logan WW, Tierney AJ (1999) **The Elements of Nursing: A Model for Nursing on a Model of Living (4th ed)**. London, Churchill Livingstone

Figure 1: Assessment of Practice



Using this document

Students should indicate when they have undertaken the skill at each stage of development (self assess) and ask the midwife supervising them to verify this by signing the lower triangle of each box. An example of how to complete this is below.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Assess an individuals ability to breathe normally adult	"The rate and character of the respirations gives us important insights into people's general health status. In addition, breathlessness is a very distressing symptom for many people, and it's important that we are skilled in assessing breathing (respiration) to identify problems early and deal with them. More dramatically, absence of breathing is often the most obvious sign that a patient has had a collapse and requires immediate basic life support" (RCN 2015).	<i>A Student</i> <i>A Mentor</i>			4/14 9/14

SKILLS RELATED TO THE ACTIVITY OF BREATHING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Assess an individuals ability to breathe normally adult					4/14 9/14
neonate					8 10
Recognise and respond to changes in an individuals respiratory condition					4/14 6/14 9/14
Monitor and record the respiratory rate					4/14 9/14
Monitor and record oxygen saturation					9/14
Maintain the safe administration of oxygen as prescribed					9/14 12
Use an ambu bag and mask					9/14 7
Monitor and maintain the airway of : a neonate					7 8
an adult					7
Prepare an infant resuscitaire					7
Use an infant resuscitaire					7

SKILLS RELATED TO THE ACTIVITY OF BREATHING (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Resuscitate a neonate		/	/	/	7
Perform oro/pharyngeal suctioning		/	/	/	7 9/14
Pre-operative management of the respiratory system including physiotherapy		/	/	/	4/14
Post-operative management of the respiratory system including physiotherapy		/	/	/	9/14

SKILLS RELATED TO THE ACTIVITY OF MOBILISING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Identifying and managing risk in relation to moving and handling					22
Moving and handling a range of clients into the following positions using a variety of aids:					22
Upright					22
Recumbent					22
Semi-recumbent					22
Lateral					22
Side to side					22
Assist clients to move from: Bed to chair					22
Chair to bed					22
Bed to trolley					22
Up the bed					22

SKILLS RELATED TO THE ACTIVITY OF MOBILISING (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Upright in a chair		/	/	/	22
Use a hoist		/	/	/	22
Managing the risk of pressure sore development		/	/	/	9/14 6/14
Safely positioning of the baby in the cot		/	/	/	11 22

SKILLS RELATED TO THE ACTIVITY OF PERSONAL CLEANSING AND DRESSING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Make a bed		/	/	/	9/14 6/14
Changing bed linen when the bed is occupied		/	/	/	9/14 6/14
Dispose of linen which is:		/	/	/	22
contaminated		/	/	/	22
uncontaminated		/	/	/	22
Assist individuals requiring a:		/	/	/	4/14 9/14 6/14
shower		/	/	/	4/14 9/14 6/14
bath		/	/	/	4/14 9/14 6/14
bed bath/ towel bath		/	/	/	4/14 9/14 6/14
wash		/	/	/	4/14 9/14 6/14
Assist individuals to maintain their oral hygiene		/	/	/	4/14 9/14 6/14
Care of the hair		/	/	/	4/14 9/14 6/14
Care of the napkin area including applying a napkin		/	/	/	11

SKILLS RELATED TO THE ACTIVITY OF PERSONAL CLEANSING AND DRESSING (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Baby bath		/	/	/	11
Care of the umbilical cord stump		/	/	/	11
Choosing appropriate clothing for the neonate		/	/	/	11 22
Eye care		/	/	/	11
Preparing the skin for surgery		/	/	/	4/14

SKILLS RELATED TO THE ACTIVITY OF MAINTAINING A SAFE ENVIRONMENT Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Prevent cross infection by: effective hand washing					22
use of gloves and aprons goggles / eye protection					22
safe disposal of equipment					22
disinfection policies					22
disposal of contaminated materials and bodily fluids					22
isolation / barrier procedures					22
aseptic technique					22
obtaining a wound (or other) swab					22
Monitor & record the pulse in an: adult					4/14 9/14 6/14
neonate					8 10
Use of cot sides					22

SKILLS RELATED TO THE ACTIVITY OF MAINTAINING A SAFE ENVIRONMENT (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Positioning and handling of the neonate					8 22 11
Monitor and record the blood pressure using: a sphygmomanometer					2 4/14 9/14 6/14
an electronic device					2 4/14 9/14 6/14
Ordering and storage of medicines					12
Drug calculations					12
Interpreting prescriptions					12
Checking drugs prior to administration					12
Identifying contra-indications / side effects					12
Administer & record prescribed medications by: mouth					12

SKILLS RELATED TO THE ACTIVITY OF MAINTAINING A SAFE ENVIRONMENT (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
intramuscular injection					12
subcutaneous injection					12
intravenous line					12
inhalation					12
per rectum					12
per vaginam					12
Monitoring and maintaining epidural analgesia					12
Removal of an epidural catheter					2 9/14
Monitoring and maintaining a blood transfusion					12
Venepuncture					2 4/14 9/14 6/14

SKILLS RELATED TO THE ACTIVITY OF MAINTAINING A SAFE ENVIRONMENT (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Performing, recording & dispatching the newborn blood spot screening test					11
Reporting untoward occurrences					12 24/26/27
Care of a wound					9/14
Removal of sutures					9/14
Care of individuals clothing and belongings					22
Maintaining the security of the neonate					22
Responding to an emergency (fire, cardiac arrest, paediatric emergency)					7 22

SKILLS RELATED TO THE ACTIVITY OF EATING AND DRINKING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Assisting clients with eating and drinking					4/14 9/14
Preparing an intravenous infusion					12
Monitoring and maintaining an intravenous infusion					12
Monitoring and recording fluid balance					4/14 9/14 6/14
Pre & postoperative management of the gastrointestinal system					9/14
Monitoring and recording the intake of a neonate					11
Preparing and administering an artificial feed to the neonate					11 3
Demonstrating the preparation of an artificial feed					11 3
Assisting and supporting breast feeding					11 3
Monitoring and recording blood glucose in:					4/14 6/14 9/14
an adult					
a neonate					11 10

SKILLS RELATED TO THE ACTIVITY OF ELIMINATION Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Performing urinalysis & recording results					4/14 6/14 9/14
Assisting clients to maintain continence by: use of a bedpan					4/14 6/14 9/14
use of the toilet					4/14 6/14 9/14
use of a commode					4/14 6/14 9/14
Performing bladder catheterisation					4/14 6/14 9/14
Change a catheter bag					4/14 6/14 9/14
Removing a urinary catheter					4/14 6/14 9/14
Monitoring resumption of bladder function following removal of a urinary catheter					
Pre-operative preparation of the bowel by: suppositories					4/14 6/14 9/14
enema					4/14 6/14 9/14
Post-operative observation of the gastro-intestinal system					9/14

SKILLS RELATED TO THE ACTIVITY OF ELIMINATION (cont'd) Mentors please only sign when skill is witnessed or observed and rationale is complete

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Insertion of a naso-gastric tube					9/14
Obtain and despatch specimens of urine / faeces for laboratory investigation					4/14 6/14 9/14
Monitor and record bowel actions in the neonate					11 10
Monitor and record urinary output in the neonate					11 10
Obtain a specimen of urine from a neonate					11 10

SKILLS RELATED TO THE ACTIVITY OF MAINTAINING BODY TEMPERATURE Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Monitor and record the body temperature of an adult orally		/	/	/	4/14 6/14 9/14
axillary		/	/	/	4/14 6/14 9/14
aurally / tympanic		/	/	/	4/14 6/14 9/14
Monitor and record the body temperature of a neonate		/	/	/	2 11 10 8
Care for individuals who are: pyrexial		/	/	/	4/14 6/14 9/14
Hypothermic (in a cot)		/	/	/	11 10 8
Care of the hypothermic neonate using an incubator		/	/	/	11 10 8
Assist parents to choose suitable attire to maintain a normal environmental temperature for their baby		/	/	/	3 2 11 10 8

SKILLS RELATED TO THE ACTIVITY OF EXPRESSING SEXUALITY Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Maintain privacy and dignity in all care provision					4/14 6/14 9/14 17/18
Advice regarding care of the perineum					3 2 9/14
Promoting pelvic floor exercises after childbirth					9/14 2 11 5/20/25
Advice on the resumption of sexual intercourse following childbirth					3 15 9/14
Advice on contraception					3 15 9/14 5/20/25

SKILLS RELATED TO THE ACTIVITY OF WORKING AND PLAYING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Advice on postnatal exercises		/	/	/	9/14 2 11
Promoting bonding		/	/	/	9/14 11 8

SKILLS RELATED TO THE ACTIVITY OF SLEEP AND REST Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Assess the pain relief requirements of clients		/	/	/	6/14 3
Offer and administer appropriate pain relief		/	/	/	6/14 12 3
Assess the quantity and quality of rest and sleep following childbirth		/	/	/	9/14 3

SKILLS RELATED TO THE ACTIVITY OF COMMUNICATING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Communicate by telephone appropriately and effectively		/	/	/	1
Send and receive messages		/	/	/	1 5/20/25
Engage the use of interpreters		/	/	/	1
Communicate effectively with clients who have a hearing difficulty		/	/	/	1
Communicate effectively with clients who are visually impaired		/	/	/	1
Communicate effectively with clients who have a speech impairment		/	/	/	1
Use a range of educational techniques to inform clients		/	/	/	3

SKILLS RELATED TO THE ACTIVITY OF DYING Mentors please only sign when skill is witnessed or observed and rationale is complete.

SKILL	RATIONALE	WITNESSED	UNDERTAKEN WITH CLOSE SUPERVISION	UNDERTAKEN WITH MINIMAL TO INDIRECT SUPERVISION	REFERENCE TO COMPETENCY
Communicate with bereaved parents		/	/	/	1 4/14 6/14 9/14
Perform Last Offices		/	/	/	6/14
Support and observe rituals appropriate to an individuals social and cultural values		/	/	/	17/18
Providing information about post mortem		/	/	/	1 17/18

This page is intentionally blank for any notes you may wish to make.

© SHEFFIELD HALLAM UNIVERSITY 2019

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of Sheffield Hallam University.