

Welcome to the University Hospitals of Leicester NHS Trust



Physiotherapy & Occupational Therapy Student Information: Pre Placement Pack



Caring at its Best



Better care together
Leicester, Leicestershire & Rutland health and social care

Contents

This induction pack contains information to help you prepare for your placement with us. Each section contains useful information and links, please feel free to contact us with questions or for additional information.

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The Occupational Therapy and Physiotherapy teams and practice learning team welcomes you on placement to the University Hospitals of Leicester NHS Trust (UHL). The hospitals are an excellent place for placements due to the diverse range of speciality areas, diversity of patients and the specialist services we offer.

Our patients are at the heart of all we do and we believe that 'Caring at its Best' is not just about the treatments and services we provide, but about giving our patients the best possible experience. That's why we're proud to be part of the NHS and we're proud to be Leicester's Hospitals.

Our staff are very supportive and will ensure you maximise your placement so you achieve the best experience. We hope you have an enjoyable learning experience. If you have any further questions please don't hesitate to contact us.



Catherine
Occupational Therapy
Practice Learning Lead



Kareena
Physiotherapy
Practice Learning Lead



About Our Hospitals

We are one of the biggest and busiest NHS Trusts in the country, serving the one million residents of Leicester, Leicestershire and Rutland – and increasingly specialist services over a much wider area. Our nationally and internationally-renowned specialist treatment and services in cardio-respiratory diseases, cancer and renal disorders reach a further two to three million patients from the rest of the country.

Spread over the General, Glenfield and Royal Infirmary hospitals, we also have our very own Children's Hospital and work closely with partners at local Universities providing world-class teaching to nurture and develop the next generation of doctors, nurses and other healthcare professionals, many of whom go on to spend their working lives with us.

UHL continues to work with many different organisations throughout the world to push the boundaries of research and new surgical procedures for the benefit of our patients. Areas of world-renowned expertise include diabetes, genetics, cancer and cardio-respiratory diseases. We are now home to three NIHR (National Institute of Health Research) Biomedical Research Units and during the year we carried out more than 800 clinical trials, involving thousands of our patients who are among the first to try the latest medicines and techniques.

One team Shared values



Our purpose is to provide '[Caring at its best](#)' and our staff have helped us create a set of values that embody who we are and what we're here to do. They are:

We treat people how we would like to be treated 	Live our Values in our actions every day Set clear expectations Show empathy and respect Trust and empower
We do what we say we are going to do 	Be responsive and accountable Communicate and feedback Be transparent and honest Support and develop
We focus on what matters most 	Be patient centred Plan effectively for the short and longer term Use resources effectively and efficiently
We are one team and we are best when we work together 	Be visible, available and accessible Listen to and act on the voice of the front line Build and maintain relationships and working partnerships
We are passionate and creative in our work 	Support innovation and creativity Recognise and celebrate success

Practice Learning Lead Role

UHL has Practice Learning Leads who provide support to educators and students whilst on placement. The role of the Practice Learning Lead is to:

- Work alongside and provide support to students and educators in practice areas.
- Strengthen the practice learning experience for both students and educators by ensuring high quality learning environments, resources and opportunities.
- Be visible and accessible by visiting regularly and working directly with students.
- Audit and demonstrate how we meet University, professional and governing body requirements.
- Analyse and respond to student placement feedback and evaluation forms.
- Promote Interprofessional Learning (IPL) opportunities, tutorials and peer support sessions.
- Provide regular Educator meetings – including promoting training and relevant educational development related to Educators.
- Work closely with your university to ensure that you receive the best clinical training and learning opportunities.
 - Coordinate student placements with local Universities and educators
 - Participate in curriculum development
 - Link and point of contact between Universities and educators
 - Attend Educator days held by Universities and disseminate information to our teams

Useful Contacts

Occupational Therapy Practice Learning Lead	Catherine Evans Catherine.evans@uhl-tr.nhs.uk
Physiotherapy Practice Learning Lead	Kareena Bassan Kareena.K.bassan@uhl-tr.nhs.uk
Glenfield Hospital	0116 286 3103 0116 256 3389
Leicester Royal Infirmary	0116 258 6822 0116 258 6825
Leicester General Hospital	0116 258 8389 0116 258 4059



Follow us!
[@Leic_hospital](https://twitter.com/Leic_hospital)
[@uhltherapy](https://twitter.com/uhltherapy)

#LoveOurEducators



Contacting your Educator Prior to Placement

Students are kindly requested to contact their Educator by phone call or email at least two weeks prior to commencement of placement.

- Please email an up to date copy of your CV.
- Please provide information about modules covered, mandatory training completed, and individual learning objectives.
- If possible, a pre-placement visit is recommended.
- It is recommended your placement hours/start times and days of study should be negotiated before you start.



Placement Information

First Day

Report to the relevant department as instructed by your practice educator. There are changing facilities available for you to change into your uniform, please allow time for this. If you chose to wear your uniform when travelling to and from placement you must ensure that your tunic/top is covered as per Trust policy.

The morning will comprise of a general Trust Induction facilitated by the Physiotherapy and/or Occupational Therapy Practice Learning Leads. Following this you will report to your placement area to complete your local induction.

You can bring your own lunch or buy something from the hospital restaurant or shop, your lunch break will be 30 minutes, usually taken at some point between 12.30 and 1.30pm.

The weekly hours worked are 37.5 hours over 5 days. This is usually between 8.00 a.m and 4.30 p.m. Monday to Friday. You will need to check your hours and study time with your practice educator.

On your first day please ensure that you bring your student ID card/name badge and placement paperwork.



Smoking Policy

UHL operates a no smoking policy on all sites, this includes e-cigarettes.

Computer Access

You will be provided with Computer access on commencement of placement.

Uniform

You are expected to wear:

- White tunic or t-shirt
- Navy/Green trousers
- Black/navy socks
- Black/navy footwear
- University ID badge

Hair must be tied back, no nail varnish, jewellery is restricted to a plain wedding band and one pair of stud earrings.



Sickness

If you are unable to attend the first day of placement for any reason, telephone your practice educator at 8.00am. If you are unable to contact the practice educator then contact the practice learning lead. You must also inform the University. Then contact regularly as agreed with your practice educator.

Facilities



All three hospitals have a cash machine, restaurants, a RVS (Royal Voluntary Service) shop/newsagent and a library. You can join the library during your placement to access books, journals, Wi-Fi and other resources. The Education Centre at each site has internet access including Medline, CINAHL etc. Please bring your Athens ID and password with you to access this. <http://www.uhl-library.nhs.uk/>

Supervision

You will have weekly supervision with your practice educator. It is your responsibility to prepare for supervision, halfway/final reports and provide evidence for your objectives. Please ensure that you have the relevant documentation. Supervision is a protected time where you will have opportunity to discuss and explore areas, receive feedback and identify learning objectives.

Disability

If you have a disability or additional learning needs it is strongly recommended that you disclose it to your practice educator. This will enable reasonable adjustments to be made and support to be put in place to ensure that you gain the most from your placement experience. If you chose not to disclose this information then please be aware that we will not be able to provide the support that you may need.

Useful Information

Parking

Parking is limited across the three hospital sites. For details on individual sites please use the link below.

<http://www.leicestershospitals.nhs.uk/patients/getting-to-hospital/>

Cycle Facilities

All of our hospitals have bicycle parking facilities around the site. To pay your deposit and obtain a key for the cycle facilities at the hospitals please contact the facilities department:

- Leicester Royal Infirmary, - 0116 258 6272
- Leicester General Hospital – 0116 258 4900
- Glenfield Hospital – 0116 258 3562

Accommodation

A range of accommodation is available at UHL. For more information about our accommodation please contact:

Leicester General Hospital

- Telephone 0116 258 4964 (Mon to Fri)
- Mobile 07949 289 552
- Email residential.accommodation@uhl-tr.nhs.uk

Glenfield Hospital

- Telephone 0116 225 5388 (Mon to Fri)
- Mobile 07949 289 544
- Email residential.accommodation@uhl-tr.nhs.uk

Leicester Royal Infirmary

- Telephone 0116 258 4249 (Mon to Fri : 8.00 am to 4.00 pm)
- Email residential.accommodation@uhl-tr.nhs.uk

GPs & Dentists

A list of local GP's and dentists can be found on NHS choices

<http://www.nhs.uk/pages/home.aspx>

Staff Uniform Guide - Who's who guide on uniforms



Who's who: doctors



To help patients and colleagues identify the different levels of doctors providing patient care, our doctors wear colour-coded ID badges and lanyards:

Foundation year 1 doctor



Foundation year 2 doctor



Core level doctor



Higher specialist
level doctor



Associate Specialist



Consultant



Department Information

Occupational Therapists and Physiotherapists at our three sites work in several specialties and during your placement you will have opportunities to visit areas of interest.

Glenfield Hospital (GH)

- Cardiac
- Cardiac Paediatrics
- Respiratory
- Surgery
- Outpatients: MSK and hands/burns/plastics
- ECMO
- Critical Care
- Pulmonary Rehab



Leicester General Hospital (LGH)

- Stroke Rehab
- ESDS – Early Stroke Discharge Scheme
- Brain Injury Unit
- SNRU - Specialist Neurological Rehabilitation Unit
- Elective Orthopaedics
- Renal/Urology
- Surgery
- Outpatients: Falls and PD Clinics
- Outpatients: MSK and hands/burns/plastics
- Pain Management
- Critical Care



Leicester Royal Infirmary (LRI)

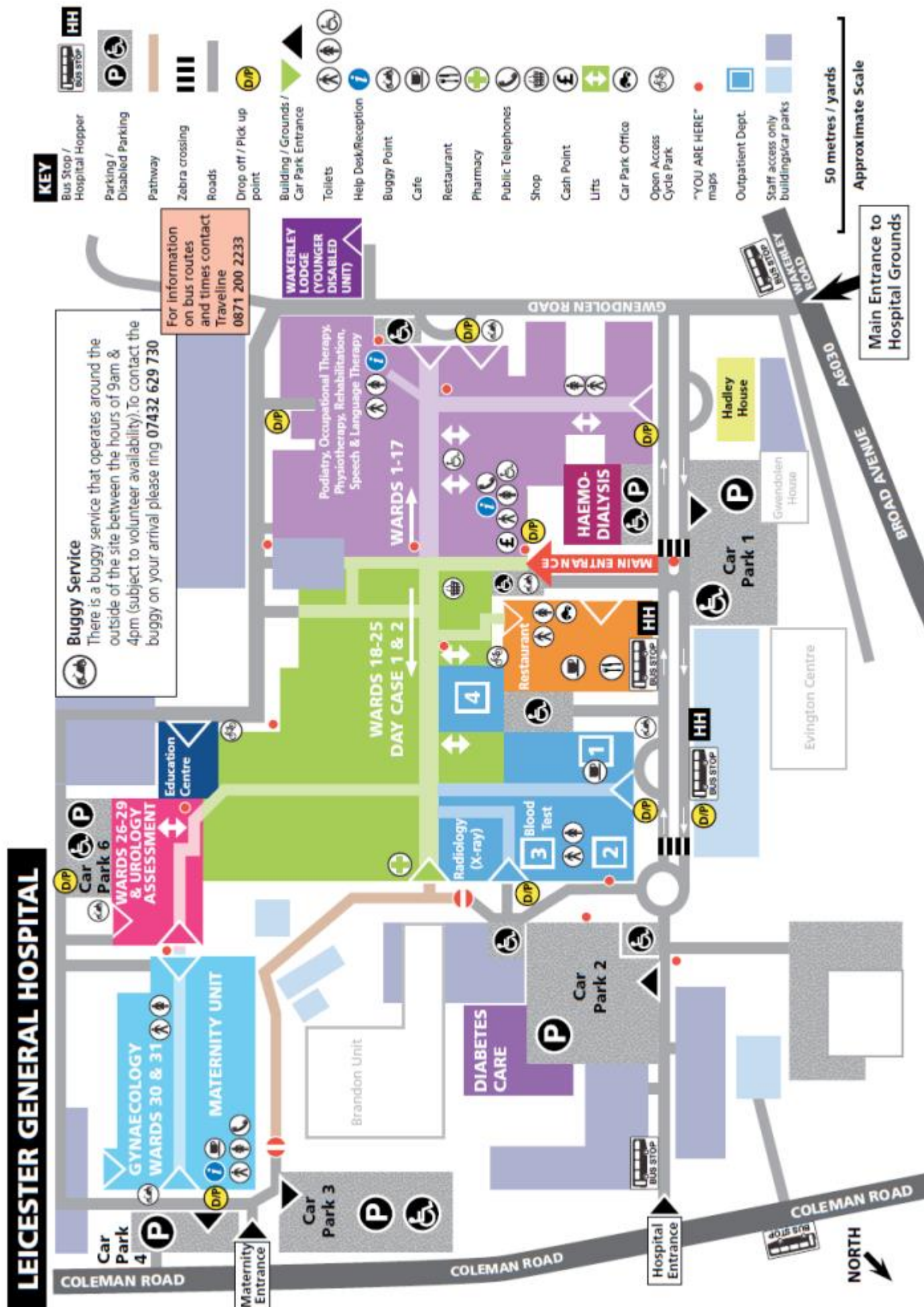
- Acute Medicine
- Emergency Department
- Acute Frailty Unit
- Acute Medical Unit
- Trauma Orthopaedics
- Outpatients: MSK and hands/burns/plastics
- Rheumatology
- Fracture Clinic
- Surgery
- Burns and Plastics
- Oncology and Haematology
- Paediatrics
- Neonatal Unit
- Acute Stroke
- Acute Neurology
- Critical Care







(Jones)41711087



UHL Hamilton Centre - Leicester General Hospital - Leicester Royal Infirmary - Leicester Glenfield Hospital - Beaumont Leys Includes 54A journeys between Leicester General Hospital and Leicester City Centre

Mondays to Fridays

	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL
Hamilton, Centre	0620	0650	-	0720	0750	0827	0900	0924		54	24	1424	1454
Leicester General Hospital	0630	0700	0727	0730	0803	0838	0910	0934		04	34	1434	1504
London Road, Stoughton Road	0636	0706	0735	0738	0809	0846	0916	0940		10	40	1440	1511
London Road, University Road	0641	0711	0742	0745	0820	0853	0921	0945		15	45	1445	1517
Railway Station	0643	0713	0744	0747	0823	0855	0923	0947		17	47	1447	1519
Leicester Royal Infirmary	0651	0721	0753	0756	0833	0905	0931	0955		25	55	1455	1527
Grobby Road, Co-OP	0659	0729	D	0806	0843	0914	0941	1003		33	03	1503	1537
Grobby Road, LOROS	0701	0731	-	0809	0846	0916	0943	1005		35	05	1505	1539
Glenfield Hospital	0707	0737	-	0814	0851	0922	0948	1011	then at these mins past each hour	41	11	1511	1544
Beaumont Centre	0712	0742	-	0818	0855	0926	0952	1016		46	16	1516	1550

Notes:

D To ease overcrowding on morning peak journeys, these buses operate as duplicates from Glenfield Hospital and General Hospital as far as Leicester Royal Infirmary. There may be a need to change buses at LRI for journeys beyond this point.

54A Service 54A operates via Goodwood Road and East Park Road. UHL photographic ID pass holders travel for free on this journey from General Hospital.

Sorry no service on Saturdays, Sundays or Bank Holidays

	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL
Hamilton, Centre	1524	1554	1624	1659	1740	1805	-	1900	-	1954	-	2054	-	2054
Leicester General Hospital	1534	1604	1634	1709	1750	1815	1845	1910	1945	2004	2045	2104	2145	2145
London Road, Stoughton Road	1541	1611	1641	1717	1756	1821	-	1916	-	2010	-	2110	-	-
London Road, University Road	1547	1618	1648	1724	1801	1826	-	1921	-	2015	-	2114	-	-
Railway Station	1549	1621	1651	1727	1803	1828	1858	1923	1958	2017	2058	2116	2158	2158
Leicester, Charles Street	-	-	-	-	-	-	1901	-	2001	-	2101	-	2201	-
Leicester Royal Infirmary	1557	1629	1659	1736	1811	1836	-	1931	-	2025	-	2124	-	-
Grobby Road, Co-OP	1607	1640	1710	1747	1819	1844	-	1939	-	2033	-	2133	-	-
Grobby Road, LOROS	1609	1642	1712	1750	1821	1846	-	1941	-	2035	-	2135	-	-
Glenfield Hospital	1615	1648	1718	1754	1827	1852	-	1947	-	2041	-	2138	-	-
Beaumont Centre	1622	1655	1725	1800	1832	1857	-	1952	-	2046	-	2142	-	-

UHL Beaumont Leys - Leicester Glenfield Hospital - Leicester Royal Infirmary - Leicester General Hospital - Hamilton Centre Includes 54A journeys between Leicester City Centre and Leicester General Hospital

Mondays to Fridays

	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL	UHL
Beaumont Centre	0630	0655	-	0719	0750	0830		00	30		1530	1555	1630
Glenfield Hospital	0634	0659	0722	0724	0755	0834		04	34		1534	1600	1635
Groby Road, LOROS	0637	0702	0725	0727	0759	0837		07	37		1537	1604	1639
Groby Road, CO-Op	0638	0704	0728	0730	0803	0839		09	39		1539	1606	1642
Leicester Royal Infirmary	0649	0715	0742	0744	0818	0850		20	50		1550	1620	1657
Leicester Charles Street	-	-	D	-	-	-		-	-	until	-	-	-
Railway Station	0654	0721	-	0752	0828	0856		26	56		1556	1628	1705
Railway Station	-	-	-	-	-	-		-	-		-	-	-
London Road, University Road	0655	0722	-	0753	0830	0857		27	57		1557	1630	1706
London Road, Toller Rd	0659	0726	-	0758	0835	0901		31	01		1601	1634	1712
Leicester General Hospital	0709	0735	-	0809	0845	0910		40	10		1610	1645	1722
Hamilton, Centre	0717	0746	-	0824	0857	0921		51	21		1621	1655	1735

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	UHL	UHL	54A	UHL	UHL	UHL	UHL	54A	UHL	54A	UHL	UHL
Beaumont Centre	1700	1730	-	1805	1905	-	2000	-	2100	-	2100	
Glenfield Hospital	1705	1734	-	1809	1909	-	2004	-	2104	-	2104	
Groby Road, LOROS	1709	1737	-	1812	1912	-	2007	-	2107	-	2107	
Groby Road, CO-Op	1712	1739	-	1814	1914	-	2009	-	2109	-	2109	
Leicester Royal Infirmary	1727	1750	-	1825	1924	-	2019	-	2119	-	2119	
Leicester Charles Street	-	-	1825	-	-	1925	-	2025	-	2125	-	
Railway Station	1734	1756	-	1831	1929	-	2024	-	2124	-	2124	
Railway Station	-	-	1827	-	-	1927	-	2025	-	2125	-	
London Road, University Road	1735	1757	-	1832	1930	-	2025	-	2125	-	2125	
London Road, Toller Rd	1741	1801	-	1836	1934	-	2029	-	2129	-	2129	
Leicester General Hospital	1751	1810	1844	1845	1942	1944	2037	2044	2137			
Hamilton, Centre	1800	1821	-	1856	1950	-	2045	-	2145	-	2145	

About Leicester

Leicester is a city with lots to offer. There is plenty to see and do, which a rich culture of arts, sports and history. Visit the links below to explore what's on.

About Leicester

<http://www.visitleicester.info/visitleicester.aspx>

<http://www.leicester.co.uk/about/>



Travel Details

<https://www.leicester.gov.uk/transport-and-streets/travelling-by-bus/>

<http://www.leicestershospitals.nhs.uk/patients/getting-to-hospital/>

<http://www.visitleicester.info/plan-your-trip-here/>

What's Next...

We hope you find this booklet informative, please let us know of any additional information that you feel would be of benefit to include.

Your next step is to contact your practice educator and prepare for your placement.

We look forward to meeting you at the start of your placement and hope you enjoy your time with us.

Kind Regards,

Catherine & Kareena

Occupational Therapy & Physiotherapy Practice Learning Leads

