

Information about Claremont Hospital

About the hospital:

Claremont hospital admits both NHS and private patients. The hospital provides many types of services including on-site MRI and CT imaging, in- house laboratory, Physiotherapy, Pharmacy, Critical care facilities and 24 hour medical office cover. Patients can be referred through their GP via choose and book on the NHS, pay privately for their own treatment or through insurance companies.

Travel:

By Bus:

The hospital is situated on Sandygate Road, Sheffield and can be easily accessed by the number 51 bus, which goes from the city centre to lodge moor with a bus stop opposite the hospital.

Link to bus timetable: <http://www.travelsouthyorkshire.com/timetables/sheffield/192.htm>

By car:

Leave the M1 at junction 33 and follow signs for Sheffield. Before Park Square roundabout, turn right taking the A61 ring road down Derek Dooley Way (following the signs for Hospitals and University). At the next roundabout, follow the A57 signposted Glossop. At the next roundabout, take the third exit signposted Glossop. You will pass the University on the right and the Children's and Weston Park Hospitals on the left, before reaching Broomhill. Continue past the shops and at the second traffic lights, turn right, signposted Manchester and Glossop. Continue for approximately 1 mile. Take the first left after the petrol station onto Sandygate Road. We are about 1 mile further on the left.

Parking:

Staff are discouraged from parking at the hospital; however there are various side roads which are suitable to park, as long as your car is not blocking residents drive way. Alternatively parking is available on Coldwell Lane at the Crosspool and district sport centre, with a short walk to the hospital.

Area of work:

Placement at Claremont hospital involves both multi-disciplinary inpatient and outpatient orthopaedic rehabilitation. Inpatient physiotherapy includes elective surgeries such as:

Joint arthroplasty/replacement (knee/hip/shoulder/ankle)

Spinal (neck and back) surgery

Foot and ankle

Arthroscopy/soft tissue and stabilisation surgery (knee/shoulder/ankle)

Hand and forearm surgery

On discharge, follow up appointments can be given for specific types of surgery including joint replacements and spinal surgery. Patients can be referred to orthopaedic outpatients, which is set in the physiotherapy department, seeing the patient through their full physiotherapy rehabilitation. Classes for hip and knee arthroplasty are offered in the gym. The outpatient department also offers physiotherapy assessment and treatment on a self/GP/consultant referred basis. A range of conditions including degenerative joint conditions, sport and overuse injuries, damaged ligaments, chronic pain and trauma are treated.

Working hours:

9.00-5.00pm – with a degree of flexibility

You will be expected to contact your clinical educator 2 weeks prior to placement to arrange working hours and meeting arrangements.

Uniform:

Uniform at Claremont consists of either a white tunic or white polo shirt, with plain navy trousers. Safe, comfortable footwear should be worn, either black or white shoes or trainers. Student ID badge must be worn at all times. Long hair must be tied back, with minimal jewellery. Nails must be kept clean and short.

Facilities:

Lockers are provided for students on arrival, a changing area is also provided to change into the specified uniform. The physiotherapy office offers access to a range of information including post-op surgical procedures, exercises & post operative protocols. There are designated outpatient rooms with a range of orthopaedic & electrotherapy equipment. The gym can also be used for the treatment of in and outpatients.

Catering:

Students are welcome to bring their own lunch, however hot and cold meals can be accessed from the onsite restaurant. Hot meals should be ordered **before 10.30** the same day. Meals range from £1.50-£2.50

Pre-reading:

Brief Introduction to orthopaedic surgical procedures & post operative protocol including:

Hip and knee replacement.

Shoulder surgery including total/hemi shoulder replacement, sub-acromial decompression, AC Joint, Stabilisation surgery (Bankart/SLAP), capsular release.

Ankle surgery including replacement, stabilisation, soft tissue repairs (Achilles).

Spinal surgery including cervical stabilisation, lumbar decompression/disc surgery and stabilisation.

Recommended reading:

Cash's textbook of Orthopaedics

Petty: Neuromuscular examination and treatment

McGee: Orthopaedic physical assessment.