

Student Physiotherapy Placement



Information Pack









NHS Foundation Trust

Contents

King's Mill Hospital

- General Information
- Site Map
- Placement Information by Speciality area
 - MSK Outpatients
 - Amputee Rehabilitation
 - Women's Health & Breast Care
 - A&E front door service
 - ITU & Surgery
 - Orthopaedics
 - Rheumatology
 - Neuromedicine
 - Early Supported Discharge
 - Integrated Medicine

Newark Hospital

- General Information
 - Musculoskeletal Outpatients
 - Integrated Medicine
 - Fernwood Intermediate Care Rehab Unit

Mansfield Community Hospital

- General Information
 - Sherwood Rehabilitation team
 - Neurological inpatients
 - Integrated Medicine including Orthopaedic inpatient elderly
 - Neurological Outpatients

King's Mill Hospital



King's Mill Hospital
Mansfield Road
Sutton-In-Ashfield
Nottinghamshire
NG17 4JL

Working hours

08:00-16:00 or 08:30-16:30 depending on speciality area please see individual speciality information provided for specific hours of work and clarify with your clinical educator when you make contact prior to commencement of your clinical placement

Uniform

A white tunic can be worn with plain navy trousers. Footwear can be either black shoes or trainers. Students must travel to and from placements in personal clothing and change in the changing rooms provided. Please remember to bring your student ID badge with you and a small padlock for a locker. Small bag sized lockers are also available with a £5 deposit.

Directions

Please see enclosed site map for local directions. Please refer to google maps for a more detailed map.

Car parking

Available on-site and costs £6 per 4 week placement and £12 for 5-8 week placements. This will allow you to park in the staff car parks. On your first day drive up to the barrier, press the intercom button and explain that it is your first day and that you are awaiting a parking permit. If asked which department you are working for, say Therapy Services in clinic 10 in the KTC. Once parked, place a notice in your car saying 'Student Physiotherapist Awaiting Permit'.

If you require a permit let your clinical educator know prior to your placement start date, so that we can prepare the car parking form and explain where you can park.

Accommodation

There is accommodation available on the Kings' Mill Hospital site. If you require accommodation please contact Sue Green at SHU. Before your arrival you will need to ring the accommodation office on 01623 482838 between 8:00 – 4:00 Monday – Thursday or 8:00 – 3:00 on Friday or email on kings.mill@asra.org.uk to confirm your booking and arrange collection of a key. If you need to contact the accommodation office in the event of an emergency you can ring SERVICE 24 on 0116 2550711 or the hospital on 01623 622515 and ask for a porter or security guard, as they have master keys to the accommodation.

Facilities available on-site

Daffodil Café selling sandwiches, drinks and snacks, ground floor near to Therapy Services

WHSmiths with a cash machine, ground floor

Costa coffee shop, ground floor

Deli Marche – self-service café selling hot/cold drinks and food, adjacent to the Hospital dining room selling hot meals, salad bar, sandwiches and hot and cold drinks, both on the 6th floor.

A Morrison's supermarket and petrol station are situated adjacent to King's Mill Hospital.

Fridges and hot drink making facilities are available in the Therapy department.

Sickness policy

If you are ill at any time during your placement, you have a duty to contact both the university and your clinical educator as soon as possible on your first day of sickness. If you are unable to reach your clinical educator then please contact the placement coordinator; Joanne Bentley - 01623 622515 ext. 4019 or the Therapy Services reception on 01623 622515 ext. 4261 as soon as you are aware you will be unable to attend for work and if possible no later than one hour after your scheduled start.

Resources and IT

Email and internet access will be available on site. An account will be created for the duration of your placement and will be available from the first day of your placement.

There is also a library on the Kings Mill Site, with computers available to use within the library's opening hours: Mon – Thurs 9:00-5:00pm and Fri 9:00-4:30pm. If you require use of the library outside of these hours, please speak to the placement coordinator; Joanne Bentley.

King's Mill Hospital Site Map (Page 1 of 2)

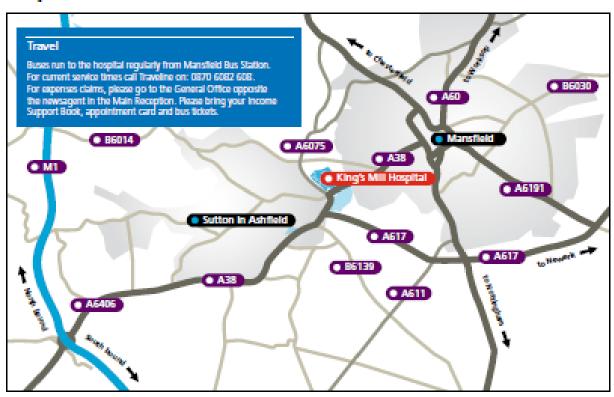


Sherwood Forest Hospitals NHS Foundation Trust

King's Mill Hospital

Map and Information

Mansfield Road, Sutton-in-Ashfield, Nottinghamshire NG17 4JL Tel: 01623 622515 www.sfh-tr.nhs.uk



Ward Locations

New Wards

LEWE	Wand	Name	Number
0		Day Case Unit	672267
1	11	Trauma & Orthopaedics	672267
- 1	12	Trauma & Orthopaedics	672269
- 1	14	Gynaecology / Breast Care	672235
2	21	Surgery	672264
2	22	Trauma & Orthopaedics	672270
2	23	Cardiology / CCU	672237
2	24	Cardiology / Clinical Haematology	676132
2	25	Children's Ward	672246
2		Child Therapy Centre	622515
3	31	Surgery	672272
3	32	Surgery	672271
3	33	Diabetes & Gastroenterology	672403
3	34	Diabetes & Endocrinology	672266
4	41	Health Care of the Elderly	622515
4	42	Gastroenterology	672368
4	43	Respiratory	672236
4	44	Respiratory	676114

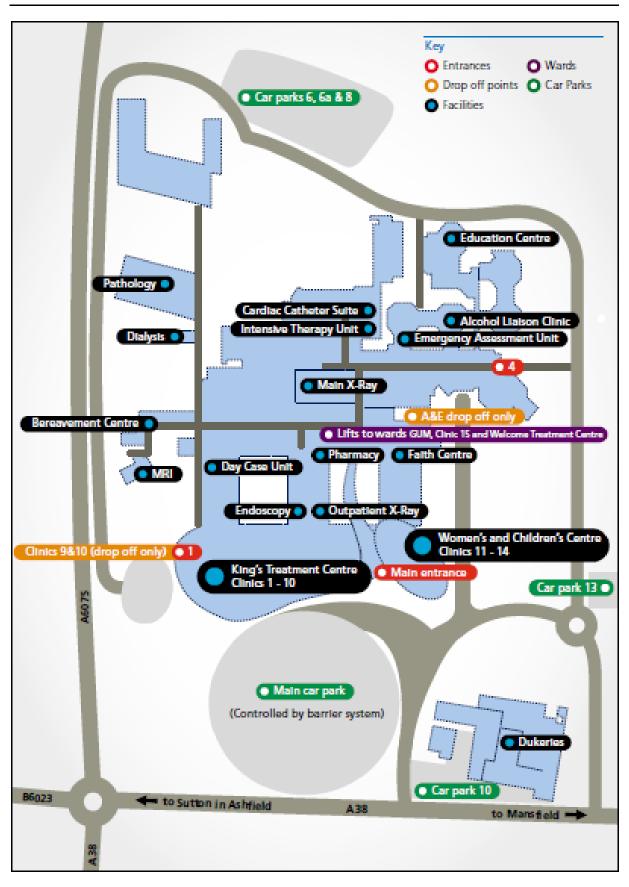
4		Clinic 15	622515
4		Welcome Treatment Centre	672273
5	51	Health Care of the Elderly	672240
5	52	Health Care of the Elderly	672241
5	53	Stroke Unit	672265
5		Clinic 16 GU Medicine	672260
0		Intensive Therapy Unit	672268
0		Acute Medical Unit	676031

Women and Children's Centre

ewe	Ward	Name	Number
0		Cilnic 11	672503
0		Clinic 12	622515
0		Clinic 14	672273
0		Ante natal	672550
1		Sherwood birthing unit	672244
1		Maternity Ward	672242
1		Neonatal Intensive Care Unit	672243

King's Mill Hospital Site Map (Page 2 of 2)

King's Mill Hospital Map



Name of Trust Providing Placement	Sherwood Forest Hospitals' Trust
Physical Location of Placement	Therapy Service, Clinic 10,
Address & Post Code	King's Mill Treatment Centre,
	King's Mill hospital,
	Mansfield Road, Sutton-In-Ashfield,
	Notts,
	NG17 4JL
Speciality of Placement	Musculoskeletal Outpatients
Placement Coordinator Name & Contact	Joanne Bentley PPD Physiotherapist
Details	Joanne.bentley@nhs.net
Clinical Educator Names Contact Phone 9	Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Andrew.southgate1@nhs.net Theresa.milburn@nhs.net
Email address	Katie.budge@nhs.net
	Tel: 01623 622515 ext. 4264
Pre-placement preparation and Day 1	Report to Therapy Services reception in Clinic 10
	in the KTC at 8:00am & ask for your named supervisor.
	Recommended reading prior to placement:
	Subjective and objective testing
	upper and lower limb anatomy
	spinal screening questions, red/yellow flags
	neurological testing and tension testing gait patterns – normal and abnormal
	common post-operative conditions e.g. hip/knee
	replacements (THR, TKR), shoulder sub-acromial
	decompression (SAD), wrist fractures
	common soft tissue joint injury
Al distribution of	arthritic conditions
About the unit/department	Musculoskeletal outpatient service with referrals from consultants, GPs and Occupational Health.
	The department offers individual and group
	treatments, hydrotherapy, acupuncture and a
	back pain unit.
Conditions likely to be seen whilst on	A wide range of musculoskeletal conditions.
placement	Acute and chronic back and neck pain
	Fractures Post-operative Orthopaedic conditions THR,
	TKR, SAD, lumbar decompression, anterior
	cruciate repairs, shoulder arthroplasty and
	reverse shoulder arthroplasty
	Sports injuries, work related injuries
Learning Opportunities	Assessment and treatment of a varied caseload
	Diary and caseload management Exercise progression, electrotherapy, clinical
	reasoning, class taking
	Opportunity to work in the hydrotherapy pool
	Opportunity to observe OT Hand therapist and
	orthotics department
	Participation in team in service training Opportunity to shadow staff working in the
	Opportunity to shadow staff working in the specialized back pain unit
General Information	Working hours 8-4. Option to vary hours up to
	5pm.
	Expect to have more than one clinical educator

N (T (D)	Oleven de l'Esperit II de l'était Esperit II de l'était II de
Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Amputee Rehabilitation
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist <u>Joanne.bentley@nhs.net</u> Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Clare.singh3@nhs.net Suzannetemple@nhs.net
Pre-placement preparation and Day 1	O1623622515 EXT: 4266 Report to Therapy Services reception in Clinic 10 in the KTC at 8:00am & ask for your named supervisor.
	A pre-placement workbook can be provided on request and a resource file is available to you whilst on placement
About the unit/department	We see primary (new) and established amputees admitted to King's Mill Hospital, mainly lower limb. Covering inpatients and outpatients.
Conditions likely to be seen whilst on placement	Major level (ankle and above) lower limb amputees pre- and post-operatively including outpatient rehabilitation for suitable patients (including prosthetics). Many patients have vascular disease and/or diabetes. Some patients may have required an amputation due to trauma, bony deformity, infection or cancer.
Learning Opportunities (Dependent on patients under the caseload at the time of your placement)	 Lower limb anatomy and vasculature Normal & abnormal gait patterns Basic prosthetic rehabilitation knowledge Increased understanding re: phantom pain/sensation MDT working including shadowing colleagues and wider members including diabetic nurses/home visits with OT colleagues Possibly visiting Nottingham Mobility Centre (Regional Prosthetic Centre) Complex discharge planning
General Information	Working hours 8:30-4:30 (Lunch 12:30-1:00)

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
<u> </u>	·
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre,
Address a Fost oddo	King's Mill hospital,
	Mansfield Road,
	Sutton-In-Ashfield,
	Notts, NG17 4JL
	NG17 43L
Speciality of Placement	Women's Health
Placement Coordinator Name & Contact	Joanne Bentley PPD Physiotherapist
Details	Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
	161. 01020 022010 0Xt. 4010
Clinical Educator Names , Contact Phone &	Morgan.lowe@nhs.net
Email address	Elizabeth.smith15@nhs.net
	<u>Laura.brown25@nhs.net</u> Tel: 01623 622515 ext. 3223
Pre-placement preparation and Day 1	Report to Therapy Services reception in Clinic 10
	in the KTC at 8:00am & ask for your named
	supervisor.
About the unit/department	Based in the Women's' and Children's centre,
About the univaepartment	clinic 7 and Newark
	Inpatient work based on the maternity and
	gynaecological wards. Outpatient work involving
	Ante/ post-natal Physiotherapy including
	incontinence.
Conditions likely to be seen whilst on	Ante/post-natal conditions including: pelvic girdle
placement	pain, LBP, Carpel tunnel syndrome, weakened
	core stability muscles, stress and urinary incontinence
	Education and exercises following birth or gynae
	related surgery
	Advice and education together with a specific
	pelvic floor strengthening programme for patients
	with incontinence or prolapse.
Learning Opportunities	Full Ante/post-natal MSK assessments with use
	of supports and exercise progression.
	To independently run classes which include ante/natal, the elective C-section group and pre
	op gynaecological surgery group.
	Work independently on the maternity and gynae
	wards prioritising patients and improving time
	management skills
	Opportunity to spend time with the Breast Care team, including Day Case, outpatients, pre-op
	assessment and the Breast care exercise class
	Books available to read in department.
General Information	
	Working hours 8-4
	Lunch 12:30-1:00.

Name of Trust Providing Placement	Sherwood Forest Hospitals' Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	A&E and Emergency Assessment Unit
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Holly.copson@nhs.net Tel: 01623 622515 ext 3227 Robert.comins@nhs.net Tel: 01623 622515 ext 3227
Pre-placement preparation and Day 1	Report to Therapy Services in Clinic 10, Office 6 at 8am and ask for your named supervisor.
About the unit/department	We are a seven day service, working across the emergency department, assessment unit and CDU covering the front door services along with other members of the frailty team. The team consists of: Physiotherapists: 1 Band 7, 1 Band 6 and 3 Band 5. Occupational Therapists: 1x Band 6 and 1x Band 5. Assistants: 1x Band 4
Conditions likely to be seen whilst on placement	Frailty Falls – mechanical and syncope Dementia Orthopaedics Parkinsons Disease Respiratory
Learning Opportunities	MDT working Interprofessional learning Discharge options and planning Clinical reasoning Prioritisation and time management skills Time with community agencies e.g. PRISM and EDASS
General Information	Working hours - shift pattern covering 8am-6pm Mon- Fri and 8-4 Sat and Sunday.

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	ICU and Surgery
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Deborah.kerry@nhs.net Leanne.horsley1@nhs.net Vocera (via switchboard): your named educator Tel: 01623 622515 ext. 4260
Pre-placement preparation and Day 1	Report to Therapy Services reception in Clinic 10 in the KTC at 8:00am & ask for your named supervisor. Bring your stethoscope. Read up on; Respiratory assessment Normal parameters of heart rate, blood pressure, oxygen saturations, urine output, body temperature etc. Common post-operative problems Arterial blood gases Common respiratory conditions such as pneumonia, COPD, asthma etc.
About the unit/department	The service covers the intensive care unit, high dependency unit and 2 surgical wards.
Conditions likely to be seen whilst on placement	Critically ill patients on ICU Post-operative (abdominal surgery) COPD Pneumonia Vascular surgery
Learning Opportunities	Intensive care Various conditions Respiratory assessment & treatment Chest x-ray interpretation Participation in MDT meetings Working with therapy assistant Caseload management Attend Band 5 respiratory IST sessions
General Information	Working hours 8-4 Lunch 12:15-12:45

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Orthopaedic Inpatients
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Alex.arnold@nhs.net Jason.rohun@nhs.net Vocera (via switchboard): your named educator Tel: 01623 622515 ext. 4268
Pre-placement preparation and Day 1	Report to Therapy Services reception in Clinic 10 in the KTC at 8:00am & ask for your named supervisor.
About the unit/department	The orthopaedic team work together to cover Physiotherapy services for the Trauma and Elective wards and the Day Case unit Trauma – covers the trauma Ward 12 emergency assessment unit, emergency department and fracture clinic. Elective – ward 11 and day case unit
Conditions likely to be seen whilst on placement	Trauma – Orth geriatric mainly – fractures as a result of falls e.g. fractured neck of femur. Other trauma e.g. road traffic/work-related and sporting injuries may be seen Elective – Joint replacements (hip, knee, shoulder, elbow), ACL reconstruction, subtalar fusion, Achilles tendon repair. Day case procedures – Sub-acromial decompression, Bankhart repair, plantar fascia release, arthroscopy, osteotomy.
Learning Opportunities	Ward management and prioritisation Theatre to see an operation X-ray interpretation Modular training Fracture bracing Pre-op education class
General Information	Working hours 8-4 Lunch 12:30-1:00.

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Rheumatology
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	H.burrows@nhs.net Abigail.gibson3@nhs.net Tel: 01623 622515 ext. 6878
	Vocera (via switchboard): Helen Burrows
Pre-placement preparation and Day 1	Rheumatology workbook available on request prior to placement Report to Therapy Services reception in Clinic 10 in the KTC at 8:00am & ask for your named supervisor.
About the unit/department	We treat patients with rheumatological conditions primarily in outpatients (including hydrotherapy – both 1:1 and groups). We run a fibromyalgia/chronic fatigue exercise and education programme. We also run outpatient clinics at Newark Hospital. There are occasional inpatients
Conditions likely to be seen whilst on placement	Rheumatoid arthritis Osteoarthritis Ankylosing Spondylitis Fibromyalgia/chronic fatigue Gout Psoriatic Arthritis Lupus Hypermobility syndrome
Learning Opportunities	Increase knowledge of various rheumatological conditions, which often involve long-term condition management and wider MDT involvement. In addition to the long term conditions, will also assess varied MSK conditions Attend ward rounds & MDT meetings. Observe: Rheumatology consultant clinic Rheumatology nurse specialist clinic OT assessment and treatment Observe acupuncture
General Information	Working hours: 8-4. Lunch: 12.15-12.45 Areas of work: Kings Mill Hospital and Newark Hospital

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Neurology
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Elizabethvarley@nhs.net Amy.ashton3@nhs.net Lucy.taylor23@nhs.net Mairead.coyne@nhs.net
Pre-placement preparation and Day 1	Maria Stokes (nice overview) of neurological conditions NICE guidelines for Stroke Review own study notes Report to Therapy Services reception in Clinic 10 in the KTC at either 8:00 or 9:00am & ask for your named supervisor.
About the unit/department	This is a 38 bedded unit for patients following the stroke pathway. The team cover the stroke unit, neurological in patients, hydrotherapy and neuro out patients There is a gym on the ward available for rehabilitation. Patients with neurological conditions are also seen on other wards including intensive care.
Conditions likely to be seen whilst on placement	Stroke TIA Guillian-Barre Syndrome Multiple Sclerosis Parkinsons Head Injury Spinal Injury Transverse Myelitis
Learning Opportunities	Varied caseload with a variety of presentations Working within an established MDT team Attending ward rounds and meetings Patient and caseload management Developing handling skills Development of Neuro assessment skills
General Information	Working hours 8-4 Lunch 12:30-1:00. Working hours will depend on the clinical educator that you are with and can be discussed prior to your placement

General Information	The hours of work are 8.30 – 4.30.
Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code Link to Map if available	Early Supported Discharge (ESD) office Level 4 King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Early Supported Discharge
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Katie.summers3@nhs.net Freddie.kemish@nhs.net Tel: 01623 672355
Pre-placement preparation and Day 1	Report to ESD office, level 4 at 8:30am and ask for your named clinical educator Suggested reading: Neurological Rehabilitation: Janet Carr and Roberta Sheppard Stroke Rehabilitation: Janet Carr and Roberta Sheppard
About the unit/department	Multidisciplinary team including Physiotherapists, Occupational Therapist, SALT, Nurse, Clinical Psychologist, generic rehabilitation support workers, administration support and a Stroke consultant
Conditions likely to be seen whilst on placement	Stroke patients diagnosed within 30 days of a CVA
Learning Opportunities	Interprofessional working Stroke classifications and stroke pathway Neurological assessments Challenges of community working Discharge procedures Leading multidisciplinary meetings Liaison with acute stroke services Caseload management GAS goal setting Broadening of skills – looking at wider issues
General Information	Working hours are 8:30am – 4:30pm Lunch time 30 minutes between 12:00 and 1:00pm

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Therapy Service, Clinic 10, King's Mill Treatment Centre, King's Mill hospital, Mansfield Road, Sutton-In-Ashfield, Notts, NG17 4JL
Speciality of Placement	Integrated Medicine
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Kirsty.devine2@nhs.net Charlotte.copper3@nhs.net Vocera (via switchboard): your named educator Tel: 01623 622515 ext. 3227
Pre-placement preparation and Day 1	Report to Therapy Services reception in Clinic 10 in the KTC at 8:00am & ask for your named supervisor. Bring your stethoscope. Read up on; Respiratory assessment Normal parameters of heart rate, blood pressure, oxygen saturations, urine output, body temperature etc. Arterial blood gases Common respiratory conditions such as pneumonia, COPD, asthma etc.
About the unit/department	The service covers 9 medical wards across 3 specialities; Respiratory, Discharge, Cardiology. We provide assessment and treatment of patients with a variety of respiratory and mobility conditions. We also triage patients for appropriate discharge destinations.
Conditions likely to be seen whilst on placement	Respiratory; COPD, Bronchiectasis, Pulmonary fibrosis, Asthma, Pulmonary oedema, Pleural effusion, Pneumothorax. Mobility; Falls, Dementia, Parkinson's Disease, UTI. Cardiology: M.I. pacemakers, Cor pulmonale
Learning Opportunities	Time management and prioritisation skills Caseload management Respiratory assessment & treatment Chest x-ray interpretation Participation in MDT meetings Working with therapy assistant and OTs Observe respiratory out patient service Attend Band 5 respiratory IST sessions Discharge planning
General Information	Working hours 8-4 Lunch 12:15-12:45

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Name of Trust Providing Placement Physical Location of Placement	Therapy Service, Clinic 10,
Address & Post Code	King's Mill Treatment Centre,
Link to Map if available	King's Mill hospital,
Link to Map ii available	Mansfield Road,
	Sutton-In-Ashfield,
	Notts,
	NG17 4JL
Speciality of Placement	Short Stay Unit (SSU)
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist
	Joanne.bentley@nhs.net
	Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone &	Charlotte.cooper3@nhs.net
Email address	Vocera (via switchboard): your named educator
	Tel: 01623 622515 ext. 3227
Pre-placement preparation and Day 1	Report to the reception in Therapy Services,
	Clinic 10, in the KTC at 08:00 and ask for your
	named educator. Tunic and trousers are uniform,
	you may require a stethoscope but it is not
	essential.
	Things to read up on:
	Subjective Assessment. Common diagona (Illinococci in the
	Common diseases/illnesses in the
	elderly; Dementia, Parkinsons,
	Alzheimers, postural hypotension, falls, urinary tract infections.
	Normal parameters for basic observations; heart rate, BP, SaO2, resp
	rate and temperature.
	Mental Capacity Act.
About the unit/department	The Medical Team covers a total of 7 medical
7 bout the annual partment	wards and the Short Stay Unit. There are 3
	specialities; Respiratory, Discharge and
	Cardiology.
	On the Short Stay Unit we provide assessment in
	conjunction with the Occupational Therapists to
	enable timely signposting for the appropriate
	destination for that patient, be it home, further
	rehab or another secondary care provider. Due to
	the nature of the ward, its average duration of
	stay being 72 hours, time management and
	prioritisation are key skills.
Conditions likely to be seen whilst on placement	Majority elderly patients; Parkinsons, Dementia,
	Previous strokes, Alzheimers, Alcohol
	dependency, Acute Kidney Injury, Postural
Learning Opportunities	Hypotension, Recurrent falls. Time management and prioritisation skills
Learning Opportunities	Caseload management
	MDT working
	Solid subjective assessment
	Participation in MDT meetings
	Identification of rehabilitation potential
	Setting of patient goals
	Discharge planning
General Information	Working hours 8-4 Lunch 12:15-12:45
General Information	WORKING HOURS 0-4 LUNCH 12.13-12.43

Newark Hospital



Newark Hospital
Boundary Road
Newark
Nottinghamshire
NG24 4DE

Working hours

08:00-16:00 or 08:30-16:30 depending on speciality area please see individual speciality information provided for specific hours of work and clarify with your clinical educator when you make contact prior to commencement of your clinical placement

Uniform

A white tunic can be worn, with plain navy trousers. Footwear can be either black shoes or trainers. Students must travel to and from placements in personal clothing and change in the changing rooms provided.

Please remember to bring your student ID badge with you.

Directions

Please refer to Google maps for a more detailed map.

Parking

See individual specialties for parking options.

There are two train stations in Newark; Newark Northgate and Newark Castle. Let us know if you are coming by bus or train and we can alter working hours to fit with times if necessary.

Catering Facilities

League of Friends café & small canteen are available to purchase refreshments from. Do bring cash, as the canteen does not take credit cards. There is no cash machine on site.

Security

Lockers available, please bring a padlock with you.

Sickness policy

If you are ill at any time during your placement, you have a duty to contact both the university and your clinical educator as soon as possible on your first day of sickness. If you are unable to reach your clinical educator then please contact the Physiotherapy reception on 01636 685885 or the placement coordinator Joanne Bentley on 01623 622515 ext. 4019 as soon as you are aware you will be unable to attend for work and if possible no later than one hour after your scheduled start.

Resources and IT

Email and internet access will be available on site. An account will be created for the duration of your placement and will be available from the first day of your placement.

Name of Trust Providing Placement	Sherwood Forest Hospitals' Trust
<u>J</u>	Physiotherapy Department
)	Byron House
	Newark Hospital
	Boundary Road
	Newark
	NG24 4DE
Speciality of Placement	Musculoskeletal Outpatients
Placement Coordinator Name & Contact	Joanne Bentley PPD Physiotherapist
	Joanne.bentley@nhs.net
	Tel: 01623 622515 ext. 4019
	Deborah.anthony1@nhs.net
	Stuart.deaton@nhs.net
	Victoria.bullock1@nhs.net
	Thomas.mullally@nhs.net
	Tel: 01636 685885/685994
	Report to the Physiotherapy reception in Byron House.
	Parking is available – see below.
	Lockers and changing facilities are available
	Newark hospital has a canteen and café, but they
	take cash only or you can bring your own lunch,
	Basic kitchen facilities are available in the
	department.
	Recommended reading prior to placement:
	Subjective and objective testing
	upper and lower limb anatomy
	spinal screening questions, red/yellow flags
	neurological testing and tension testing
	gait patterns – normal and abnormal
	common post-operative conditions e.g. hip/knee
	replacements (THR, TKR), shoulder sub-acromial decompression (SAD), wrist fractures
	common soft tissue joint injury
	arthritic conditions
	Small, busy outpatient department receiving
	referrals from GP practice, Orthopaedic
	consultants and other health professionals. Wide
	range of conditions and patients.
Conditions likely to be seen whilst on	A wide range of musculoskeletal conditions.
p.a.co	Acute and chronic back and neck pain
	Fractures
	Post-operative Orthopaedic conditions THR,
	TKR, SAD, lumbar decompression, anterior
	cruciate repairs
	Sports injuries, work related injuries Assessment and treatment of a varied caseload
	Diary and caseload management
	Exercise progression, electrotherapy, clinical
	reasoning, class taking
	Possible attendance at Fracture clinic
	MDT working with OT Hand therapist
	Participation in team in service training
	Working hours 8:00am – 4:00pm
	There is free porking in the Direct Livery and
	There is free parking in the Byron House car park. Drive up to the barrier and it will automatically rise to
	allow you access. You will need a code to exit the car
	park which is available from the Physiotherapy
	reception located within Byron House.

Name of Trust Providing Placement	Charusad Farast Hamitala' Trust
Physical Location of Placement	Sherwood Forest Hospitals' Trust Physiotherapy
Address & Post Code	Sconce Ward Newark Hospital
7.144.1555 4.1 551 5545	Boundary Road
	Newark
	NG24 4DE
Speciality of Placement	
	Integrated Medicine
Placement Coordinator Name & Contact	Joanne Bentley PPD Physiotherapist
Details	Joanne.bentley@nhs.net
	Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone &	Claire.bolton9@nhs.net
Email address	
Pre-placement preparation and Day 1	Report to Claire Bolton – therapy room Sconce
The placement proparation and Bay 1	ward 9am
	Recommended reading prior to placement:
	care of the elderly, dementia, Parkinsons, falls,
	orthopaedics. Useful to have a good understanding of multiple pathologies.
About the unit/department	Sub-acute setting with rehab facilities. Variety of
About the unit/department	conditions / pathologies. Consultant with a
	speciality in Elderly medicine and Parkinsons
	Disease. Holistic therapeutic assessments and
	complex discharge planning.
	Team comprises of Senior Physio, Senior OT,
	Band 5 Static OT and therapy assistants.
Conditions likely to be seen whilst on	Dementia
placement	Orthopaedic – fractures
	Falls – mechanical and syncope
	Parkinsons Disease
	Palliative Care
Lagrania a Oppositoritia	COPD
Learning Opportunities	Caseload management MDT working
	Interprofessional learning
	Clinical reasoning
	Discharge options and planning
	Home visits
	Time with community agencies
General Information	
	Parking in main hospital car park, temporary pass
	can be available at general office. This can be
	arranged prior to 1 st day.
	Allocation to a locker will depend on availability, student to bring own padlock.
	Working hours after day 1 will be 8:30am-4:00pm

Name of Trust Providing Placement	Sherwood Forest Hospitals' Trust
Physical Location of Placement	Fernwood Community Unit
Address & Post Code	Newark Hospital
	Boundary Road
	Newark
0 18 (8)	NG24 4DE
Speciality of Placement	Residential Community Rehabilitation
Placement Coordinator Name & Contact	Joanne Bentley PPD Physiotherapist
Details	Joanne.bentley@nhs.net
	Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Victoria.pashby@nhs.net Tel: 01636 685713
Pre-placement preparation and Day 1	First day: meet at the reception of the main hospital at 7:45am (not Byron House)
	Recommended reading prior to placement:
	Agile website: www.agile.csp.org.uk/resources
	Stroke association: www.stroke.org.uk
	Outcome measures such as: Berg balance scale
	Elderly mobility scale, Quality of life measures Functional reach, Timed get up and go (TUG)
	Performance orientated A of mobility (Tinetti)
	Tonomanos onomatos 7 or mostility (Tinota)
	Familiarise yourself with cognitive testing:
	Montreal Cognitive Assessment (MOCA)
	ACE 3, Kim memory assessment
About the unit/department	The Fernwood Community Unit is a 12 bedded nurse led intermediate care facility providing step
	up (admissions directly from the community to avoid hospital admission) and step down beds (admissions from hospitals to increase
	independence prior to discharge to the community)
	Team comprises of Senior Physio, Senior OT, a
	ward leader, staff nurse, two health care
	assistants and a therapy assistant.
Conditions likely to be seen whilst on placement	Medically stable adult patients requiring
F	rehabilitation
	Post elective surgery
	Neurological conditions
	Falls/trauma Step down elderly medical
	Step up long term conditions
Learning Opportunities	
	MDT working
	To assess and treat patients in a residential
	intermediate care setting
	Liaise with other agencies involved in community care and discharge planning
	Home visits
General Information	Parking see Integrated Medicine
	Working hours 8:00 – 4:00 Mon - Fri
	Bring a small notepad

Mansfield Community Hospital



Mansfield Community Hospital

Stockwell Gate Mansfield Nottinghamshire NG18 5QJ

By road:

From the North, leave the M1 at junction 29 and follow the A617 Chesterfield Road into Mansfield.

Turn right at the traffic lights just after Mansfield Civic Centre (at Tescos), and pass through several sets of traffic lights until you reach the Bus Station on your left. Turn right at the traffic lights here, and Mansfield Community Hospital is the second turning on the left.

From the South, leave the M1 motorway at Junction 28, and follow the A38 into Mansfield. At Kings Mill Hospital, turn right at the traffic lights (continuing on the A38), and continue on for approx 1 mile and Mansfield Community Hospital is on the right just after the bus depot on the left.

By Bus:

From the main Bus Station, walk up Sutton Road opposite the station, and the hospital is the second turning on the left approximately 10 minute walk.

By rail:

The hospital is a 10 minute walk from the train station. Exit via Rosemary Street, and turn right towards the Bus Station. Cross the road and turn left up the hill opposite the Bus Station onto Stockwell Gate, the hospital is the second turning on the left.

Parking

Available on-site and costs £6 per 4 week placement and £12 for 5-8 week placements On your first day please park at the front of the hospital in the main pavilion car park opposite the main reception. Following this you will be issued with a parking permit and swipe card allowing you to access the staff car park at back of the hospital. There is pay & display parking to front of the hospital, which is more expensive and some limited off site/on street parking nearby.

Accommodation

There is accommodation available on the Kings' Mill Hospital site. If you require accommodation please contact Sue Green at SHU. Before your arrival you will need to ring the accommodation office on 01623 482838 between 8:00 – 4:00 Monday – Thursday or 8:00 – 3:00 on Friday or email on kings.mill@asra.org.uk to confirm your booking and arrange collection of a key. If you need to contact the accommodation office in the event of an emergency you can ring SERVICE 24 on 0116 2550711 or the hospital on 01623 622515 and ask for a porter or security guard, as they have master keys to the accommodation.

Contacts

Mansfield Community Hospital Main Reception - 01623 785091

<u>Uniform</u>

A white tunic can be worn, with plain navy trousers. Footwear can be either black shoes or trainers. Students must travel to and from placements in personal clothing and change in the changing rooms provided.

Please remember to bring your student ID badge with you.

Catering

There is a hospital staff rest room, which has a fridge, microwave, toaster and hot water boiler, and you are welcome to bring your own lunch. There is also a small Voluntary Services shop and a staff cafeteria serving hot and cold meals on site.

<u>Security</u>

Access to certain areas of the building and to the hospital staff changing rooms is via swipe card only, and this will be provided after your first day. It is therefore advised that you do not bring valuables with you on placement, as you may not be able to lock them away on your first day(s). Access to therapy rooms and the Rehabilitation Suite is via key code and the department is therefore inaccessible before 8am and after 5pm. Lockers are available in the changing rooms, but you will need to bring your own padlock to secure these.

Cashpoint

The nearest cash point is located at the garage on Stockwell Gate or the local Asda (approx. 5 minute walk).

Resources and IT

Email and internet access will be available on site. An account will be created for the duration of your placement and will be available from the first day of your placement.

There is a resource room with access to some relevant books / journals on site, and temporary access will be arranged for you to logon to the local IT systems as required. System one is used for some services so please bring your smartcard to access this if you have one.

Sickness policy

If you are ill at any time during your placement, you have a duty to contact both the university and your clinical educator as soon as possible on your first day of sickness. If you are unable to reach your clinical educator then please contact the Rehabilitation Unit on 01623 785122 or the placement coordinator Joanne Bentley on 01623 622515 ext. 4019 as soon as you are aware you will be unable to attend for work and if possible no later than one hour after your scheduled start.

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Rehabilitation Unit Mansfield Community Hospital Stockwell Gate Mansfield Nottinghamshire NG18 2QG
Speciality of Placement	Sherwood Rehab Team
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Sally.kennedy2@nhs.net Kevinchapman@nhs.net Tel: 01623 785122
Pre-placement preparation and Day 1	Report to Mansfield Community Hospital Rehabilitation Suite and ask for your named educator Bring small padlock to enable use of secure locker in staff changing room Reading prep – normal healthy ageing and common age related pathology/conditions e.g. OA, osteoporosis, COPD, Parkinson's, dementia etc.
About the unit/department	Sherwood Rehabilitation Team provides MDT rehabilitation for Older People in the Outpatient and Community setting, aiming to maximize potential and independence The team consists of Physiotherapy, Occupational Therapy and rehabilitation support staff, and has multi-disciplinary team approach to supervision of students
Conditions likely to be seen whilst on placement	Patients have a wide range of conditions, often multi-pathology and long-term conditions including orthopaedic, neurological, respiratory and mental health problems
Learning Opportunities	Communication and liaison with internal MDT, wider AHP's and social services staff, functional rehabilitation, goal setting and problem solving
General Information	Working hours 8:30 – 4:30pm Please bring a small padlock for locker. Staff rest room available with fridge and microwave Staff cafeteria and small voluntary services shop on site

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Chatsworth Rehabilitation Centre Mansfield Community Hospital Stockwell Gate Mansfield Nottinghamshire NG18 2QG
Speciality of Placement	Neurological Rehabilitation
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Denise.millhouse@nhs.net Therapy Office: 01623 785542 Ward: 01623 785540 or 785541
Pre-placement preparation and Day 1	Pre-placement reading: Neurological Assessment, brief overview of conditions listed below, goal settings (SMART).
	Day 1: Arrive at 9am, Chatsworth Ward: Induction, orientation, provided with temporary swipe card (a £10 refundable deposit required), documentation, provision of locker and arranging parking permit if necessary.
About the unit/department	The Chatsworth Rehabilitation Centre provides a specialist rehabilitation service in the central Nottinghamshire area to people who predominantly have a physical disability. The cause of the disability may result from a neurological, congenital or degenerative disorder, illness or trauma.
	The Chatsworth Rehabilitation Centre is a 16 bedded multidisciplinary environment in which maximum patient participation and independence are encouraged, working together being seen as a partnership in which patients, staff and carers are equally involved and valued. Users of the service: Seen as individuals with physical, social, emotional and spiritual needs. Treated with respect, dignity and equality, having their needs and privacy valued. Helped to consider their present and future needs and how services could be directed to meet those needs.
Conditions likely to be seen whilst on placement	Multiple sclerosis Brain Injury (traumatic/non-traumatic) Spinal Injury (traumatic/non-traumatic) Motor neurone disease Guillian Barre Syndrome cerebellar ataxia Cerebral Palsy

Manual animal Baltabilitation and	
Neurological Rehabilitation cont. Learning Opportunities	Caseload management of the complex
Learning Opportunities	neurological patient.
	MDT working Clinical reasoning
	g .
	Discharge options and planning Home visits
	Wheelchair Services (postural/seating
	management) Orthotic Assessment
	Neuro-Outpatients
	Moving and handling (in-patients, carers, families,
	community) Pre-admission assessment
	Continuing Care Assessment/DST (Decision
	Support Tool)
	Liaison with day centres and residential/nursing
	homes
	Botox Clinic
General Information	BOLOX CITTIC
General mormation	Working day 8am-4pm (apart from 1 st day) Full uniform to be worn Please bring a small padlock for locker. There is a small canteen and a tea bar on site at MCH.
	There is a staff fridge and microwave available. Tea and coffee are available from the staff supply with a contribution of £3.

Rehabilitation Unit Mansfield Community Hospital Stockwell Gate Mansfield Nottinghamshire NG18 2QG Older Person's Inpatient Rehabilitation
Older Person's Inpatient Rehabilitation
Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Gemma.greasley@nhs.net Tel: 01623 785244 or 785062
Report to Mansfield Community Hospital Rehabilitation Suite and ask for your named educator Bring small padlock to enable use of secure locker in staff changing room
Reading prep – normal healthy ageing and common age related pathology/conditions e.g. OA, osteoporosis, COPD, Parkinson's, dementia etc.
Oakham and Lindhurst wards at Mansfield Community Hospital provide rehabilitation for people with a variety of pathologies, especially orthopaedic conditions
The team consists of Physiotherapy, Occupational Therapy Nursing and rehabilitation support staff, and has multi-disciplinary team approach to supervision of students
Patients have a wide range of conditions, often multi- pathology and long-term conditions including orthopaedic, neurological, respiratory and mental health problems
Communication and liaison with internal MDT, wider AHP's and social services staff, functional rehabilitation, goal setting and problem solving Clinical reasoning Discharge options and planning Home visits
Working hours 8:30am – 4:30pm
Staff rest room available with fridge and microwave Staff cafeteria and small voluntary services shop on site Please bring a small padlock for locker. The nearest cash point is located at the garage on Stockwell Gate or the local Asda (approx. 5 minute walk).

Name of Trust Providing Placement	Sherwood Forest Hospitals Foundation Trust
Physical Location of Placement Address & Post Code	Rehabilitation Unit Mansfield Community Hospital Stockwell Gate Mansfield Nottinghamshire NG18 2QG
Speciality of Placement	Neurological Outpatients
Placement Coordinator Name & Contact Details	Joanne Bentley PPD Physiotherapist Joanne.bentley@nhs.net Tel: 01623 622515 ext. 4019
Clinical Educator Names , Contact Phone & Email address	Amy.southam@nhs.net Leela.hughes@nhs.net Tel: 01623 785122
Pre-placement preparation and Day 1	Please report to the Rehabilitation Unit at 9.00am on your first day and ask for your named educator. Please bring with you copies of the assessment forms that your university uses and a note book for door codes etc. There are lockers available – you will require your own padlock.
	Suggested Reading List:
	This is not mandatory however completing some background reading will assist you to get the most out of your clinical placement. There will possibly be time available during your clinical placement for you to continue with this. There is a Student / Junior Information Box File in the Rehab Office and a Resource Room containing books / journals.
	Raine S, Meadows L, Lynch-Ellerington (2009) Bobath Concept – Theory And Clinical Practice In Neurological Rehabilitation Wiley-Blackwell (Chapters 1, 2 and 8)
	Aragon A et al. (2007) The Professional's Guide to Parkinson's Disease Parkinson's Disease Society
	This is available to download from the Parkinson's UK website: www.parkinsons.org.uk
	Multiple Sclerosis Trust (2005) Multiple Sclerosis: Information for Health and Social Care Professionals Multiple Sclerosis Trust
	NICE (2006) Parkinson's Disease: Quick Reference Guide
	Pope PM (2007) Severe and Complex Neurological Disability – Management of the Physical Condition Butterworth-Heinemann (Chapters 2 – 4 and 12)
	Edwards E (1998) Neurological Physiotherapy – A Problem Solving Approach Churchill Livingstone

	(Chapters 1, 3, 4 and 9)
	Turner-Stokes L (2009) Goal Attainment Scaling (GAS) In Rehabilitation: A Practical Guide Clinical Rehabilitation 23 362 – 370
About the unit/department	The team consists of physiotherapists, occupational therapists, support and administrative staff. The team work with individuals to help them achieve mutually agreed goals. Patients are mainly seen in the department, however home and community visits are also carried out as required / appropriate.
	The service manages adults with a wide variety of neurological conditions.
	The service works very flexibly to meet the needs of patients with often complex problems. The service also works very closely with other services such as orthotics, wheelchair services, speech and language therapy, social services and gyms.
Conditions likely to be seen whilst on placement	Stroke Cerebella Ataxia Parkinson's and Parkinsonism Multiple Sclerosis Cerebral Palsy Spinal Cord Injuries Stenosis Neuropathies Guillan Barre Myasthenia Gravis Spastic Paraparesis Hydrocephalus Motor Neurone Disease Cerebral Atrophy ADEM
Learning Opportunities	The opportunities to work with other professionals and services below are available to you if you would like to arrange this with your clinical supervisor and add it to your placement timetable:
	Occupational Therapy Speech And Language Therapy Stroke Rehabilitation Unit Early Supported Discharge For Stroke MDT Parkinson's Clinic Parkinson's Exercise Programme Orthotics
	You will be included in the team's in-service training which occurs monthly and any meetings that occur while you are on clinical placement.
	You can also do a presentation about a case study or topic that interests you.
General Information	The hours of work are 8.30 – 4.30.