



Placement Information

This induction pack is designed to help inform you more about the placement and help support you during your time here. Included in the pack you will find specific information about the placement and the hospice as well as some more generalised pointers.

What is St Luke's hospice?

We look after people over 18 from across the Sheffield region, with all kinds of terminal illnesses, including end stage neurological, heart, kidney and lung conditions, cancer and AIDS. Each year, we help around 1,600 patients – some of them come to the hospice but many more are looked after at home by our team of community nurses, who help treat and alleviate pain, support and counsel and in some cases, help patients to die at home, if that's what they want. Most people want to die at home, and we help to enable that to happen if we can. It's not just patients that we help either – we extend support, counselling and practical help to family members too.

Here at the hospice, at any one time we're caring for 20 patients in our In Patient Centre – 400 in any one year. Meanwhile, at any one time throughout the city our 17 community nurses are caring for around 400 patients in their own homes – around 1,400 every year.

And every year individual programs of therapies, treatments and advice at our Acute Intervention Day Centre help some 350 patients to live independently at home for as long as possible.

Each year, our work touches the lives of around 5,000 people.

The people with terminal illness we care for have more need than ever to make the most of every moment. While every patient is as different as the care they will receive, they all have this in common: their care will be about life.

St Luke's is not somewhere people come to wait to die. St Luke's is about living.

Our Vision-Supporting and caring for everyone affected by a terminal illness in Sheffield

Our Mission-To deliver the best possible care palliative care in Sheffield, whilst developing and driving continual improvements for everyone affected by a terminal illness.

Our Promise-St Luke's is dedicated to the wellbeing of the terminally ill in Sheffield and their loved ones. No patient or family is ever the same, and our journey with each

individual is unique. Above all we are about life and enabling our patients and their loved ones to live theirs and die with dignity.

Our Values

Dignified: In everything we do, we provide and nurture an environment that ensures a dignified, respectful and human experience for everyone in our care.

Compassionate: Compassion is at the heart of St Luke's, expressed by human kindness and a selfless, benevolent concern for the wellbeing of everyone we care for no matter what their circumstances.

Inspired: Inspired by those we care for, we are proud to be part of our community and it is a great privilege to support individuals and their families through many challenging and significant moments. We are always mindful of the trust and confidence invested in us by them.

Pioneering: We aspire to be the best and to set new benchmarks for end of life care, inspired by the pioneering spirit of our founders. We are advocates for the terminally ill, we are their voice and their champions, and therefore we will never stop striving to improve what we do.

Contact details:

St Lukes Hospice, Little Common Lane, S11 9NE
Reception 0114 2369911
Physio Dept 0114 2357529
Email address: e.baldwin@hospicesheffield.co.uk

Travel: Car-there is a small free car park at the hospice, alternatively if this is full you can park up at Clifford house or on Ecclesall Road south

Bus: Whirlow lane bus stop, served by the 81, 82, 271 and 272 buses.

Cycling: There is a bike stand in the main car park at little common lane but students will need to bring their own lock.

General Info: To discuss pre placement telephone call/visit. On the first day arrive at reception at 8.30 am and ask for a member of the Physiotherapy Team. Physiotherapy student uniform is worn, with black shoes and socks. **Do not** wear uniforms for travelling. There are changing rooms and day lockers available. There is a dining room on site, for purchase of cold/hot food. There is a microwave and fridge available if you bring your own food. Drinks are free of charge from dispensing machines.

Placement setting

Monday- Friday, 8.30am- 4.30pm

Patient catchment area: All of Sheffield

Multi-disciplinary team at St. Luke's Hospice: Bereavement, Medical, Nursing, Pharmacy, Physiotherapy, Psychology, Social Work, Spiritual Care, Transfer of Care, Well-being.

Areas covered:

In-Patient Centre (IPC): to accommodate 20 patients in 14 single rooms and two 3 bedded bays. Patients are admitted for symptom management this can be pain, Nausea, breathlessness, fatigue, reduced appetite, bladder and bowel, rehab or end of life care. Length of stay is variable.

Acute Intervention Day Centre (AIDC): accommodating up to 20 patients a day. Usually patients attend for 1 day each week over a 6-8 week period.

Outpatients: Perhaps 1,2 per week

We see patients with palliative care conditions. Mainly cancer, also other life limiting conditions e.g. respiratory, cardiac and neurological conditions. Both on the Inpatient Centre (IPC) and in the Acute Intervention Day Centre (AIDC) the focus is on symptom control and rehabilitation.

Clifford House: This is a new addition to St. Luke's. Clifford House is a place for the people of Sheffield and beyond who are affected by an illness that has no cure. This includes their family members and loved ones too. There are lots of different activities that take place there.

Palliative Conditions including: cancer, HIV, heart/renal failure, MND, Parkinson Disease, MS, COPD

Referrals to the hospice are received from throughout Sheffield; GP, DN and hospital and discussed at a daily referral meeting at the hospice.

Learning Opportunities

- Observation
- MDT
- Problem-based learning
- Problem solving
- Reflection in action
- Case studies / presentations
- Ward rounds
- Clinical teaching

Learning Resources

Learning resources available at this placement setting:

- Published printed materials: e.g.: books; journals; leaflets; other.
- Bulletin boards; displays; posters; newsletters etc.
- Copy of placement policies; manuals; procedures
- Patient / client records and care plans
- Opportunity to shadow alternative / specialist practice
- Library

Learning & teaching resources location:

The hospice has a very small library for reference purposes.

Options with details of people/places to visit:

Suggested visits on placement include; Occupational Therapy, Social Work, Bereavement service, Spiritual Care, Well Being, Community Specialist Palliative Care Nurses, IPC AIDC staff

Expectations

It is expected that by the end of the placement you will have

- An understanding of palliative illnesses
- Worked with the wider MDT from a holistic perspective
- Took part in ward handovers, referral review meetings and MDT's
- Seen patients/clients in a number of settings and appreciate the different approaches for each setting
- Understand some of the issues that someone with a terminal illness and their families may face
- Be able to assess and develop a treatment plan and set SMART goals with patients

<https://www.stlukeshospice.org.uk/>

<http://acpopc.csp.org.uk/>

<https://www.macmillan.org.uk/>

Suggested Pre-Reading:

Taylor J. et al. Potential and Possibility Rehabilitation at End of Life: Physiotherapy in Palliative Care. Elsevier: 1st ed. May 2013

Booth S. et al. Managing Breathlessness in Clinical Practice. Springer. London. 2014

Topic areas to consider:

Respiratory, Neurology, Elderly Care, Musculoskeletal, Oncology, Palliative Care, Rehabilitation.

