

Skegness Hospital United Lincolnshire Hospital Trust (ULHT)	
Placement Area	MSK outpatients
Contact Number	01754 613516
Day 1	Report to physiotherapy outpatients department. Ask for Helen McDowell PTA or named supervisor.
About the unit/department	Treat a mixture of all MSK problems referred by GPs, consultants or Extended Scope Practitioners. Department split with physiotherapists from Louth hospital so can range from 1-4 qualified physiotherapists depending on the day.
Physiotherapy Staff	Phillip Jackson (student placement lead) Phillip.jackson@ulh.nhs.uk
Conditions likely to see	All MSK conditions
Learning Opportunities	Assessment and treatment of all MSK conditions
General Information	<p>Working hours 8.30-4.30 (dependent on supervisor)</p> <p>Normal uniform with black shoes</p> <p>No canteen facilities, Morrisons supermarket across the road, fridge, kettle, microwave etc accessible in department.</p> <p>No hospital accommodation available (numerous B&Bs in the town)</p> <p>Train station 5 minute walk from hospital</p> <p>Parking available if driving</p>
Pre placement reading	<ul style="list-style-type: none"> • Joint ROM and how to measure • Understanding of OA disease process and pathology affecting peripheral joints and the spine. • Demonstration of some level of understanding/ awareness of commonly encountered conditions in the outpatient setting e.g. fractures of the upper limb/lower limb and spine, soft tissue injuries, joint problems and spinal degeneration. • Demonstration of some level of understanding/awareness of common surgical procedures encountered in the outpatient setting e.g. shoulder - rotator cuff repair, subacromial decompression(SAD). Knee - ACL reconstruction, TKR. Spine - Decompression and fusion.