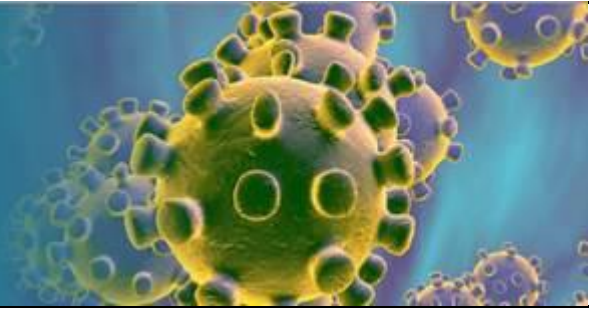


# COVID 19

## Staff Information



## **If you have any symptoms which could be COVID please get a PCR immediately and don't wait for a positive lateral flow result.**

We are seeing an increasing number of COVID cases in the community and amongst staff and so it is really important everyone remains vigilant and if you have any **symptoms that could be COVID-19 do not wait for a positive lateral flow test (LFT), get a PCR test at the drive-through service at NGH straight away. Do not attend work while you have symptoms.**

The main symptoms are:

- A new persistent cough and/or
- A fever (temperature of 37.8 degrees or higher)
- Loss or alteration of smell or taste
- Flu-like symptoms such as fever and any of the following: cough, sore throat, limb/join pain, headache

If you have a household member or close contact who is COVID-19 positive you must do daily lateral flow tests for 10 days. If your lateral flow test remains negative and you are symptom free, you can continue to come to work but **you must wear a mask at all times at work** and limit your social contact with other staff members whilst at work. If your lateral flow test becomes positive or you are symptomatic you should access a PCR test via the drive-through.

All staff (clinical and non-clinical) coming on site and likely to come into contact with patients or visitors should still be carrying out lateral flow tests twice a week. This is even more important given the rise in prevalence. You can order free lateral flow tests from the Government website - <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

## **The Northern General Drive-through COVID testing centre is next to the Laboratories building and the opening times are:**

Monday to Friday: 8am – 4pm  
Saturday and Sunday: 9am – 1pm

No appointment is necessary, you can just turn up during these hours.