


ADVANCED WELLBEING RESEARCH CENTRE (AWRC)

Visitor Guide



 www.shu.ac.uk/awrc

 awrc@shu.ac.uk

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**Sheffield
Hallam
University**

Advanced
Wellbeing
Research Centre

Travelling to the AWRC

Active Travel and Public Transport

Address

Advanced Wellbeing Research Centre
Olympic Legacy Park
2 Old Hall Road
Sheffield

S9 3TY

We encourage people to actively travel to the AWRC either by walking cycling or using public transport where possible.

By Train

The nearest train stations are Meadowhall (2.6 miles) and Sheffield Centre (2.6 miles)

By Tram

The local tram route is the yellow route. The nearest tram stop is Arena/Olympic Legacy Park (7 minute walk).

1. From the tram stop follow the path towards the English Institute of Sport (EIS) building.
2. Cross Coleridge Road and continue on the path with the EIS to your right onto Old Hall Road.
3. Continue past the UTC College Building and the AWRC is straight ahead.

By Bicycle

There is a cycle store on site, places are limited and allocated on a first come first served basis. There is additional cycle parking outdoors.

By Bus

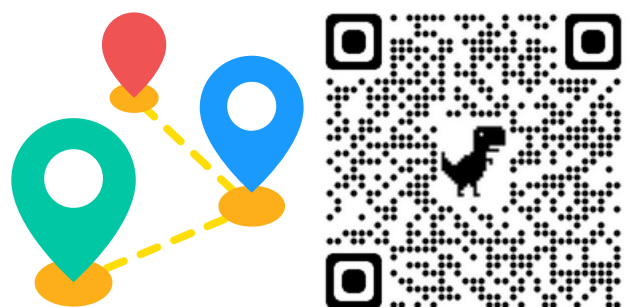
There are bus stops directly in front of the AWRC on Attercliffe Common.

- Heading towards Sheffield City Centre the stop is Attercliffe Common/Fell Road
- Heading towards Meadowhall the stop is Attercliffe Common/Clay Street

Travel Info

You can plan your journey and see bus and tram times at the Travelmaster website:

www.sytravelmaster.com



Travelling to the AWRC

Travel by Car and Parking

Directions

The AWRC is located just a 10 minute drive from J34 of the M1 and a 15 minute drive from Sheffield city centre.

From Attercliffe Common, turn onto Worksop Road, take the third left into the Park Community Arena car park.



Parking is extremely limited across the Sheffield Olympic Legacy Park and therefore travelling by public transport and active travel is strongly encouraged

Car Parking

The AWRC is served by two car parks:

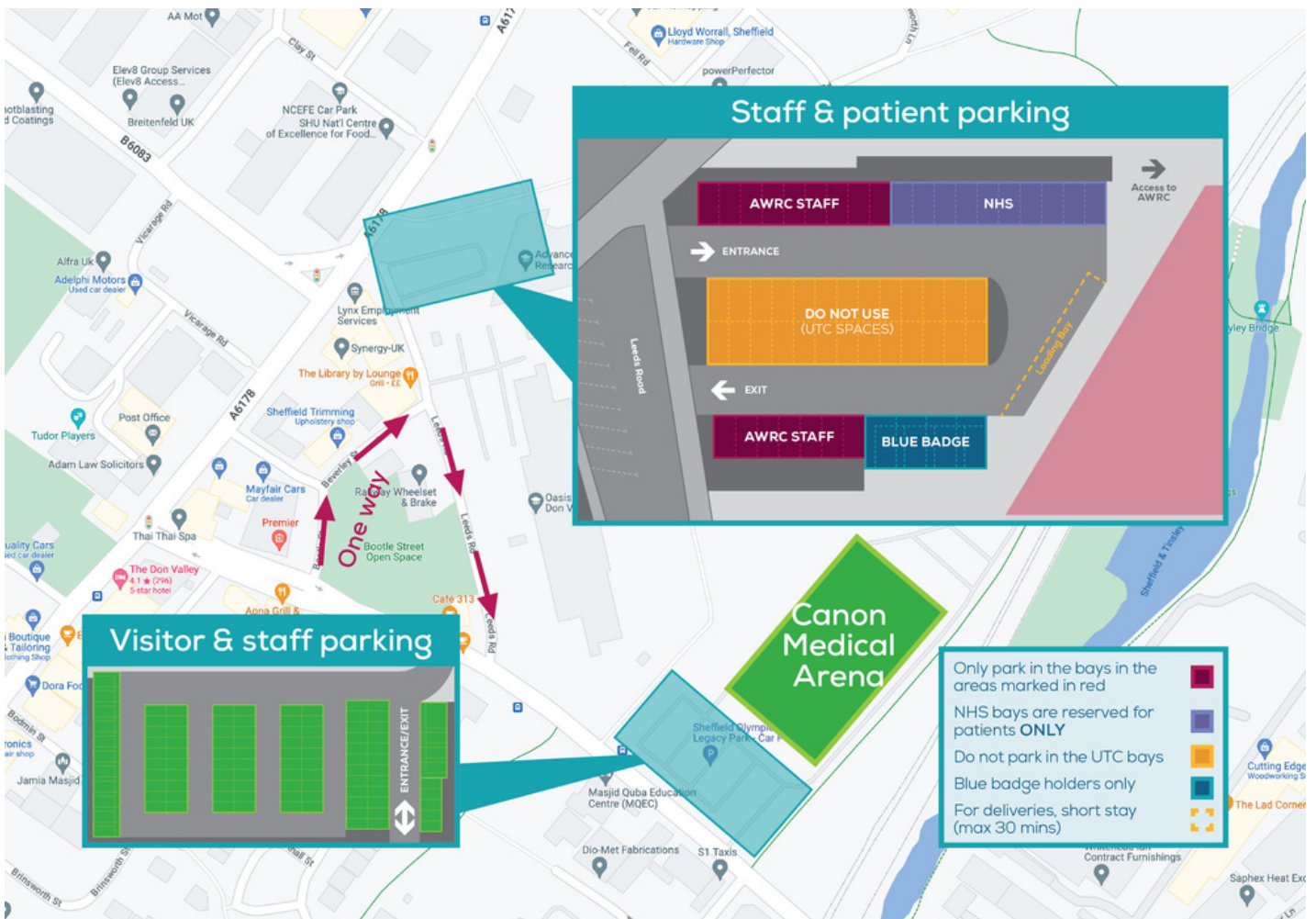
Worksop Road (staff and visitor) car park: S9 3TY

Leeds Road (staff and patient) car park: S9 3TU

Both car parks have two hours free parking



If you are staying for longer than two hours, ensure you register your car details at reception to avoid any penalty charges* (ANPR system in operation)



*The AWRC will not be held responsible for charges incurred where visitors do not register their car details

Staying Active

On the Sheffield Olympic Legacy Park

Run & Walk Routes

Did you know the Sheffield Olympic Legacy Park is the only Olympic Park outside of a host city?

Why not make the most of your visit to the AWRC and try The Outdoor City run and walk routes around the park?

Try the short routes on the map below or visit the Outdoor City website for a 6km route plus many more routes around the city.



www.welcometosheffield.co.uk/content/articles/the-outdoor-city-run-routes

